

Major: Health Promotion
Area of Emphasis: Behavioral Medicine (B.S.H.P.)

The behavioral medicine area of emphasis prepares students for medical programs with an emphasis on disease prevention and community health.

Freshman and Sophomore years (58-60 hours) Courses that meet the General Education Curriculum Areas I through V may be found at: <http://bulletin.uga.edu>.

I. Foundation Courses (9 hours)

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| ENGL 1101 | (3) |
| ENGL 1102 | (3) |
| MATH 1113 preferred | (3) |

V. Social Sciences (9 hours)

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| HIST 2111 or 2112 (preferred) | (3) |
| POLS 1101 (preferred) | (3) |
| PSYC 1101 (preferred) | (3) |

II. Sciences (7 hours)

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| Physical Sciences (CHEM 1211/L or 1311H preferred) | (3-4) |
| Life Sciences (BIOL 1107/L preferred) | (3-4) |

VI. Courses Related to the Program of Study (18 hours)

Please consult with an HPB advisor prior to completing area VI

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| <i>(Grade of C or better)</i> | |
| HPRB 1710 | (3) |
| PHYS 1111-L or 1211-L | (4) |
| PHYS 1112-L or 1212-L | (4) |
| BIOS 2010 | (4) |
| CHEM 1212/L or 1312H | (3-4) |

III. Quantitative Reasoning (3 hours)

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| MATH 2250 preferred | (4) |
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IV. World Languages and Culture, Humanities, and the Arts

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| World Languages and Culture | (9) |
| Humanities and the Arts (COMM 1110 or COMM 2150H) | (3) |

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| PEDB (1 hour) | (1) |
| FYOS 1001 | (1) |

Entrance requirements for the major may be found at <https://publichealth.uga.edu/degree/b-s-in-health-promotion/>. This major is a high demand major and applications are accepted each fall and spring semester. Additional information may be found at bulletin.uga.edu/ under the Health Promotion major.

Junior and Senior years (60 hours). A grade of C or better is required for all major required and major elective courses. *Starred courses must be taken in sequence.

Major Requirements (40 hours)

BHM Core

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| HPRB 3100(H) | Intro to Behavioral Medicine | (3) |
| VPHY 3100 | Elements of Physiology | (3) |

CPH Core

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| BIOS 3000/E | Intermediate Biostatistics | (3) |
| EHSC 3060/E | Introduction to Environmental H. | (3) |
| EPID 4070/E | Fundamentals of Epidemiology | (3) |
| HPAM 3600/E | Introduction to Health Policy | (3) |

HPB Core

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| HPRB 3850 | Chronic Disease Prevention | (3) |
| HPRB 5010 | Research Design and Methods | (3) |
| HPRB 5410W | Professional Writing | (3) |
| *HPRB 3020S | Introduction to Health Promotion | (3) |
| *HPRB 3700 | Community Health | (3) |
| *HPRB 4400 | Health Prom. Program Dev. | (3) |
| *HPRB 3480S | Practicum in HP/HS (150 hrs) | (3) |
| *HPRB 5900 | Capstone in HPB | (1) |

Science courses (12 hours lower level sciences and 8 hours upper level sciences)

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| CHEM 2211/L | (4) |
| CHEM 2212/L | (4) |
| BIOL 1108/L | (4) |

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| BCMB 3100 | (4) |
| GENE 3200 | (4) |

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The behavioral medicine area of emphasis is a highly competitive pre-medical area of emphasis within the major. Different admission requirements are in place for this area of emphasis. Students who are not admitted to study behavioral medicine may choose to apply for the health services area of emphasis.

Please note that pre-requisites apply for many courses. Several required courses have pre-requisites and must be taken in sequence. Additionally, many of the science courses have pre-requisites. Please see your advisor for proper course sequencing.

First Aid and CPR certification is required **prior to registration** for HPRB 3480S.

HPRB students are required to compile and maintain an E-portfolio documenting and exhibiting work or experiences gained throughout the undergraduate program.

For more information on medical school requirements see: <https://premed.uga.edu/pre-medical/preparing-for-a-career-in-medicine/course-requirements>

Students may choose to take additional courses to improve the quality of the medical school application including MIBO 3500 and CBIO 3400. Generally, the components of a successful medical school application are:

- A strong academic record including strong overall GPA and strong biology, chemistry, physics and math (BCPM) GPA
- MCAT or DAT or OAT
- Strong letter of recommendation
- Medically related experience
- Volunteering/community service
- Undergraduate research
- Individuality
- Personal competency (i.e. oral communication, teamwork, integrity)
- Extracurricular activities

Double Dawg Students:

If you are pursuing a Double Dawg program with an undergraduate degree in public health and the Master of Public Health degree, the following courses are typically the graduate level courses you should consider. Please double check with your advisor for an approved plan.

BIOS 2010 or BIOS 7010 or BIOS 7010E

EHSC 3060 or EHSC 3060E or EHSC 7010 or EHSC 7010E

EPID 4070 or EPID 4070E or EPID 7010 or EPID 7010E

HPAM 3600 or HPAM 3600E or HPAM 7010 or HPAM 7010E

*Graduate courses are preferred for Double Dawg program participants only. Please work with an advisor to choose your four courses.