

Major: Health Promotion
Area of Emphasis: Health Promotion (B.S.H.P.)

The health promotion area of emphasis prepares students for health promotion and wellness positions in public, community, worksite, and health care setting, as well as for graduate level work in public health. Pre-nursing and pre-occupational therapy students will typically choose this emphasis.

Freshman and Sophomore years (58-60 hours).

Courses that meet the General Education Curriculum Areas I through V may be found at: <http://bulletin.uga.edu>.

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|---|-------|--|-----|
| I. Foundation Courses (9 hours) | | V. Social Sciences (9 hours) | |
| ENGL 1101 | (3) | HIST 2111 or 2112 (preferred) | (3) |
| ENGL 1102 or 1102M | (3) | POLS 1101 (preferred) | (3) |
| MATH or STAT | (3-4) | PSYC 1101 (preferred) | (3) |
| II. Sciences (7 hours) | | VI. Courses Related to the Program of Study (18 hours) | |
| Physical Sciences | (3-4) | (Grade of C or better) | |
| Life Sciences (BIOL 1103 or 1107 preferred) | (3-4) | HPRB 1710 | (3) |
| III. Quantitative Reasoning (3 hours) | | CBIO 2200 | (4) |
| BIOS 2010 or STAT 2000 preferred | (3) | CBIO 2210 | (4) |
| IV. World Languages and Culture, Humanities, and the Arts | | BIOS 2010 | (4) |
| World Languages and Culture | (9) | COMM 1110 | (3) |
| Humanities and the Arts | (3) | PEDB (1 hour) | (1) |
| COMM 1110 or 2150H preferred | | FYOS 1001 | (1) |

Entrance requirements for the major may be found at <https://publichealth.uga.edu/degree/b-s-in-health-promotion/>. This major is a high demand major and applications are accepted each fall and spring semester. Additional information may be found at bulletin.uga.edu/ under the Health Promotion major.

*Junior and Senior years (60 hours). A grade of C or better is required for all major required and major elective courses. *Starred courses must be taken in sequence.*

Major Requirements (40 hours)

CPH Core

| | | |
|-------------|-------------------------------|-----|
| PBHL 3100/E | Introduction to Public Health | (3) |
| BIOS 3000 | Intermediate Biostatistics | (3) |
| EHSC 3060/E | Intro to Environmental Health | (3) |
| EPID 4070/E | Foundations of Epidemiology | (3) |
| HPAM 3600/E | Introduction to Health Policy | (3) |

HPB Core

| | | |
|-------------|----------------------------------|-----|
| HPRB 3850 | Chronic Disease Prevention | (3) |
| HPRB 5010 | Research Design and Methods | (3) |
| HPRB 5410W | Professional Writing | (3) |
| *HPRB 3020S | Introduction to Health Promotion | (3) |
| *HPRB 3700 | Community Health | (3) |
| *HPRB 4400 | Health Prom. Program Dev | (3) |
| *HPRB 5560 | Field experience in HPB | (6) |
| *HPRB 5900 | Capstone in HPB | (1) |

Major electives (20-21 hours)

Two major electives may be taken with the internship. Major electives should be chosen in consultation with your major advisor. Check pre-requisites as many courses have them. Some courses may require permission from the department offering the course.

1. _____
2. _____
3. _____
4. _____
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6. _____
7. _____

Major Electives

Choose any upper level course (3000 -5999) in HPRB excluding **HPRB 3010**.

Any 3000-level or above (3000-5999) courses in BIOS, DMAN, EHSC, EPID, GLOB, GRNT, or HPAM, or pre-approved courses outside of the college listed here. (Note: Some courses are excluded from this list including research, independent study or internship. See below.)*

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|----------------|--|---|
| AFAM/PSYC 4500 | Psychology of Prejudice | *Excluding BIOS 3900, BIOS 3910, DMAN 4100, DMAN 4960, |
| ANTH 3440 | Herbs, Spices, and Medicinal Plants | DMAN 4970, DMAN 4980, DMAN 4990, EHSC 3700, EHSC 3701, |
| ANTH 3530 | Anthropology of Folk Medicine | EHSC 3702, EHSC 3703, EHSC 3704, EHSC 3705, EHSC 3706, |
| ANTH 3540 | Multicultural Health Care | EHSC 3707, EHSC 3708, EHSC 3910, EHSC 4960H, EPID 3900, |
| ANTH 3541 | Anthropology of Eating | EPID 3910, EPID 4960, EPID 4960H, EPID 4970, EPID 4970H, |
| COMM 3320 | Environmental Communication | EPID 4980, EPID 4980H, EPID 4990, EPID 4990H, GLOB 3560, |
| COMM 3820 | Interracial Communication | GLOB 4900, GLOB 4960, GLOB 4960H, GLOB 4970, GLOB |
| ELAN 4620E | ESOL Service Learning | 4970H, GRNT 4960, GRNT 4960H, GRNT 4970, GRNT 4970H, |
| FDNS 4050 | Optimal Nutrition for the Lifespan | GRNT 4980, GRNT 4980H, HPAM 3750, HPAM 4960H, HPAM |
| FDNS 4510 | Nut. Related to the Human Life Cycle | 4970H, HPAM 4980H, HPAM 4990H |
| FDNS 4540 | Public Health Dietetics | |
| FDNS 4560 | Nutrition and Aging | If you would like to use a research, independent study, or internship |
| FDNS 4600 | Food and the Consumer | course from within a public health department in the College of |
| FDNS 4630 | Cultural Aspects of Food and Nutrition | Public Health, please contact your advisor for pre-approval. |
| HIST 3740 | Disease and Human History | |
| KINS 3700 | Applied Exercise Physiology | **The following courses are listed in the UGA Bulletin, but are not |
| KINS 4310 | Exercise Prescription. for Special Pops. | currently offered due to faculty vacancies. |
| KINS 4320 | Exercise and Aging | HPRB 3210 Issues in Health Consumerism & Self-Care |
| KINS 4640/L | Conditioning and Fitness | HPRB 4450 Occupational Safety |
| LLED 4620/E | ESOL Service Learning | HPRB 4480 International Health Promotion |
| PSYC 3230 | Abnormal Psychology | |
| PSYC 3810 | Psychology of Health | |
| SOCI 3100 | Medical Sociology | |
| SOCI 3110 | Sociology of Healthcare | |
| SOCI 3280 | Sociology of Gender | |
| SOCI 3290 | Gender and Work | |
| SOCI 4280 | Perspectives on Gender | |

Entrance requirements for the major may be found at <https://publichealth.uga.edu/degree/b-s-in-health-promotion/>. This major is a high demand major and applications are accepted each fall and spring semester. Applications are to be completed via the online application system by a firm deadline. Additional information and requirements for the BSHP degree may be found under the health promotion major at <http://bulletin.uga.edu>

Please note that pre-requisites apply for many courses, including major required and major elective courses. Several required courses have pre-requisites and must be taken in sequence. Many major electives also have pre-requisites. Please see your advisor for proper course sequencing.

Study abroad courses may work as major electives. Talk to your advisor.

First Aid and CPR certification is required **prior to registration** for HPRB 5560S - Field experience in HPB.

The proposal for HPRB 5560S must be completed by mid-point of the semester preceding the field experience. Field experience proposal materials will be made available after advisement for the internship.

HPRB students are required to compile and maintain an E-portfolio documenting and exhibiting work or experiences gained throughout the undergraduate program.

Double Dawg Students:

If you are pursuing a Double Dawg program with an undergraduate degree in public health and the Master of Public Health degree, the following courses are typically the graduate level courses you should consider. Please double check with your advisor for an approved plan. BIOS 7010/E for BIOS 2010; EHSC 7010/E for EHSC 3060; EPID 7010/E for EPID 4070; and HPAM 7010/E for HPAM 3600.