

# COURSE PLAN - HEALTH PROMOTION MAJOR

# Area of Emphasis: Behavioral Medicine

This area of emphasis prepares students for graduate level work with an emphasis on disease prevention and wellness. Pre-medical and pre dental students will typically choose this emphasis as well as students who are interested in graduate school or other professional health services programs.

#### Freshman and Sophomore years (56-61 hours)

#### Courses that meet the General Education Curriculum Areas I through V may be found at: http://bulletin.uga.edu.

#### Area I: Foundation Courses (9 hours)

cphadm@uga.edu

- ENGL 1101 (3)
- ENGL 1102 (3)
- MATH
  - MATH 1113 recommended (3)

#### Area II: Sciences (8 hours)

- Physical Sciences (3-4)
  - o CHEM 1211/L/D recommended (4)
- Life Sciences (3-4)
  - BIOL 1107/L recommended (4)

#### Area III: Quantitative Reasoning (4 hours)

• BIOS 2010 (recommended) (4)

#### Area IV: World Languages and Culture (9); Humanities and the Arts (3)

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- Humanities and the Arts (3)
  - o COMM 1110 recommended

## Area V: Social Sciences (9 hours)

- HIST 2111 or 2112 recommended (3)
- POLS 1101 recommended (3)
- PSYC 1101 recommended (3)

# Area VI: Behavioral Medicine Area of Emphasis (16-18 hours)

All must be completed with a C or better

- BIOS 2010 (4)
- CHEM 1212/L/D (4)
- HPRB 1710 (3)
- PHYS 1111/L (4)
- PHYS 1112/L (4)

#### Other Requirements

- 120 total credit hours are required for graduation; additional general electives may be needed.
- PEDB course of your choice
- FYOS 1001 (1 hour)

# LEARN MORE HERE:

This is a high demand major. Students typically apply to the major (fall or spring) in their sophomore year and begin major sequence classes the following semester. After admission, there are four semesters of sequenced courses culminating in a 150-hour internship. Entrance requirements and application handbook may be found at <a href="https://publichealth.uga.edu/degree/b-s-in-health-promotion/">https://publichealth.uga.edu/degree/b-s-in-health-promotion/</a>.

## Junior and Senior years (60 hours)

# A grade of C or better is required for all major required and major elective courses.

#### Major Requirements (40 hours)

#### CPH Core (12 hours)

- BIOS 3000 Intermediate Biostatistics (3)
- EHSC 3060 Intro to Environmental Health (3)
- EPID 4070 Foundations of Epidemiology (3)
- HPAM 3600 Introduction to Health Policy (3)

### HPB Core (19 hours)

All courses marked  $\ast$  require major acceptance and are taken in sequence.

- 1st semester
  - \*HPRB 3020S Introduction to Health Promotion (3)
  - \*HPRB 5410W Professional Writing (3)
- · 2nd semester
  - \*HPRB 3700 Community Health (3)
  - \*HPRB 5010 Research Design and Methods (3)
- 3rd semester
  - \*HPRB 4400 Health Prom. Program Dev (3)
  - \*HPRB 5900 Capstone in HPB (1)

HPRB 3850 - Chronic Disease Prevention (3)

### BHM Core (9 hours)

- 4th and final semester
  - \*HPRB 3100 Intro to Behavioral Medicine (3)
  - \*HPRB 3480S Field experience in HPB (3)

VPHY 3100 - Elements of Physiology (3)

### HP-BHM Science Requirement (20 hours)

- CHEM 2211/L Organic Chemistry I (4)
- CHEM 2212/L Organic Chemistry II (4)
- BIOL 1108/L Principles of Biology II (4)
- BCMB 3100 Biochemistry (4)
- GENE 3200/D Genetics (4)
- -120 total credit hours are required for graduation; additional general electives may be needed.

#### **Additional Information:**

- -Many courses require prerequisites, please consult the the UGA Bulletin at <a href="https://bulletin.uga.edu/">https://bulletin.uga.edu/</a>.
- -The Department of Health Promotion does not accept online versions of the following classes: COMM 1110.
- -The behavioral medicine area of emphasis is a highly competitive pre-medical area of emphasis within the major.

A 3.5 GPA is required to apply to this emphasis. Students who are not accepted to the BM emphasis may declare the Health Services area of emphasis.

#### -Information on HPRB 3480S - Field experience in HPB (internship)

- The field experience will be completed (during one semester for 3 credit hours) no earlier than the student's final semester of study for the degree.
- Prior to HPRB 3480S enrollment
  - Students must submit their internship proposal documents by mid-point of the semester preceding the internship.
    - First Aid and CPR certification is a required part of the internship proposal and will not be evaluated until senior year.
  - Students must complete all University requirements (including PEDB).
  - Students must complete all major-required courses with a C or better.

-Important: Additional undergraduate classes may be needed for students pursuing pre-professional pathways (i.e. pre-med, pre-PA, predental, pre-law, etc.). It is important that students review the admission criteria of their intended graduate professional program well in advance. Students are advised to meet with their intended graduate pre-professional advisor to ensure they are meeting all graduate application requirements, as well as reviewing their graduate application strategy and timeline.

Learn more about the Pre-Professional Advising Office at https://ppao.uga.edu/

### -Double Dawgs students

Once accepted to the Double Dawgs pathway, students may enroll in Double Dawg graduate level courses. Students work with the Double Dawg Advisor for individualized plans.