



COURSE PLAN - HEALTH PROMOTION MAJOR

Area of Emphasis : Health Promotion

This area of emphasis prepares students for health promotion and wellness positions in public, community, worksite, and health care settings, as well as for graduate level work in public health. Pre-nursing and pre-occupational therapy students will typically choose this emphasis as well as students who wish to pursue a Masters in Public Health or a Masters in Healthcare Administration.

Freshman and Sophomore years (56-61 hours)

Courses that meet the General Education Curriculum Areas I through V may be found at: <http://bulletin.uga.edu>.

Area I : Foundation Courses (9 hours)

- ENGL 1101 (3)
- ENGL 1102 (3)
- MATH
 - MATH 1113 recommended (3)

Area II : Sciences (7-8 hours)

- Physical Sciences (3-4)
- Life Sciences (3-4)
 - BIOL 1103 or 1107 recommended (3-4)

Area III : Quantitative Reasoning (4 hours)

- BIOS 2010 recommended (4)

Area IV : World Languages and Culture (9); Humanities and the Arts (3)

- World Languages and Culture (3)
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- Humanities and the Arts (3)
 - COMM 1110 recommended

Area V : Social Sciences (9 hours)

- HIST 2111 or 2112 recommended (3)
- POLS 1101 recommended (3)
- PSYC 1101 recommended (3)

Area VI : Health Promotion Area of Emphasis (16-18 hours)

All must be completed with a C or better

- BIOS 2010 (4)
- One of the following sequences
 - CBIO 2200/L and CBIO 2210/L (8)
 - EPID 2100 and EPID 3100 (6)
 - PSYC 1101 and PSYC 3230 (6)
- COMM 1110 (3)
- HPRB 1710 (3)

Other Requirements

- 120 total credit hours are required for graduation; additional general electives may be needed.
- PEDB course of your choice
- FYOS 1001 (1 hour)

This is a high demand major. Students typically apply to the major (fall or spring) in their sophomore year and begin major sequence classes the following semester. After admission, there are four semesters of sequenced courses culminating in a 300-hour internship. Entrance requirements and application handbook may be found at <https://publichealth.uga.edu/degree/b-s-in-health-promotion/>.

LEARN MORE HERE:



Junior and Senior years (60 hours)

A grade of C or better is required for all major required and major elective courses.

Major Requirements (40 hours)

CPH Core (15 hours)

- BIOS 3000 - Intermediate Biostatistics (3)
- EHSC 3060 - Intro to Environmental Health (3)
- EPID 4070 - Foundations of Epidemiology (3)
- HPAM 3600 - Introduction to Health Policy (3)
- PBHL 3100 - Introduction to Public Health (3)

HPB Core (25 hours)

All courses in this section require major acceptance and are taken in sequence (with the exception of HPRB 3850).

- 1st semester
 - HPRB 3020S - Introduction to Health Promotion (3)
 - HPRB 5410W - Professional Writing (3)
- 2nd semester
 - HPRB 3700 - Community Health (3)
 - HPRB 5010 - Research Design and Methods (3)
- 3rd semester
 - HPRB 4400 - Health Prom. Program Dev (3)
 - HPRB 5900 - Capstone in HPB (1)
- 4th and final semester
 - HPRB 5560S - Field experience in HPB (6)

HPRB 3850 - Chronic Disease Prevention (3)

HP-HP Major Electives (20-21 hours)

Major electives should be chosen in consultation with your academic advisor. Pick 7 classes from the list on the back for a total of at least 20 hours

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

Options include:

Any upper level course (3000 -5999) in HPRB excluding HPRB 3010.
Any upper level course (3000-5999) in BIOS, DMAN, EHSC, EPID, GLOB, GRNT, or HPAM.
See back for all major elective options.

*-Research and study abroad courses require departmental approval to count as major electives.
-120 total credit hours are required for graduation; additional general electives may be needed.*

Major Elective Options:

Any upper level course (3000 –5999) in HPRB excluding HPRB 3010.

- HPRB 3050S – Service-Learning in Health Promotion (*Study Abroad*)
- HPRB 3150 – Women's Health
- HPRB 3210 – Health Consumerism and Self-Care
- HPRB 3750 – Foundations of Injury Prevention
- HPRB 4180 – Health Promotion Program Study Abroad (*Study Abroad*)
- HPRB 5060 – Educational Strategies in Human Sexuality
- HPRB 5210 – Effects of Drug Use and Abuse
- HPRB 5310 – Introduction to Public Health Communication

Any upper level course (3000–5999) in BIOS, DMAN, EHSC, EPID, GLOB, GRNT, or HPAM.

- DMAN 3100 – Disasters and Society
- DMAN 3200 – Disaster Policy
- DMAN 3300 – International Aspects of Disaster
- DMAN 3400 – Disasters, Media, and Pop Culture
- DMAN 3750 – How to Survive the Apocalypse
- EHSC 4100 – Industrial Hygiene
- EHSC 4150 – Solid and Hazardous Waste Management
- EHSC 4200 – Global Climate Change and Public Health
- EHSC 4320 – Food Safety Control Programs
- EHSC 4490 – Environmental Toxicology
- EHSC 4600 – Ecotoxicology
- EHSC 4610 – Water Pollution and Human Health
- EPID 3100 – Data Fluency and Management in Public Health
- GLOB 3100 – Introduction to Global Health
- GLOB 3150 – Culture and Global Health
- GLOB 3200 – Global Health and Food
- GLOB 3300 – Global Maternal and Child Health
- GLOB 3400 – Global Health Policy
- GLOB 3770 – Pandemic! Infectious Disease in Global History
- GRNT 3000 – Aspects of Aging
- GRNT 3010 – Diversity in Aging: A Service-Learning Experience
- GRNT 3050 – End of Life and Aging
- GRNT 3100 – Early Life Influences on Aging
- GRNT 3150 – Global Aging
- GRNT 3200 – Intro to Lifespan Health Psych
- GRNT 3300 – Health Communication and Aging
- GRNT 3400 – Cognition and the Aging Brain
- GRNT 3500 – Smart Technology in an Aging Society
- GRNT 3700 – Exploring Aging Through Film
- GRNT 4010 – Biogerontology
- GRNT 4700 – Psychology of Aging
- HPAM 3410 – Health Systems Science
- HPAM 3500 – Introduction to Healthcare Management
- HPAM 3650 – Comparative Healthcare Systems (Study Abroad option)
- HPAM 4150 – Health Policy Law and Ethics
- HPAM 4300 – Essentials of Health Care Administration
- HPAM 4600 – Advanced Health Policy
- HPAM 4615 – Politics of Disease Control

Any of the following classes outside the College of Public Health:

- AFAM/PSYC 4500 – Psychology of Prejudice
- ANTH 3440 – Herbs, Spices, and Medicinal Plants
- ANTH 3530 – Anthropology of Folk Medicine
- ANTH 3540 – Multicultural Health Care
- ANTH 3541 – Anthropology of Eating
- COMM 3320 – Environmental Communication
- FDNS 4050 – Optimal Nutrition for the Lifespan
- FDNS 4510 – Nut. Related to the Human Life Cycle
- HIST 3740 – Disease and Human History
- KINS 3700 – Applied Exercise Physiology
- PSYC 3230 – Abnormal Psychology
- PSYC 3810 – Psychology of Health
- SOCI 3100 – Medical Sociology
- SOCI 3110 – Sociology of Healthcare
- SOCI 3280 – Sociology of Gender
- SOCI 4280 – Global Perspectives on Gender

*Excluding BIOS 3900, BIOS 3910, DMAN 4100, DMAN 4960, DMAN 4970, DMAN 4980, DMAN 4990, EHSC 3700, EHSC 3701, EHSC 3702, EHSC 3703, EHSC 3704, EHSC 3705, EHSC 3706, EHSC 3707, EHSC 3708, EHSC 3910, EHSC 4960H, EPID 3900, EPID 3910, EPID 4960, EPID 4960H, EPID 4970, EPID 4970H, EPID 4980, EPID 4980H, EPID 4990, EPID 4990H, GLOB 3560, GLOB 4900, GLOB 4960, GLOB 4960H, GLOB 4970, GLOB 4970H, GRNT 4960, GRNT 4960H, GRNT 4970, GRNT 4970H, GRNT 4980, GRNT 4980H, HPAM 3750, HPAM 4960H, HPAM 4970H, HPAM 4980H, HPAM 4990H

–This is not a comprehensive list of major electives for the Health Promotion area of emphasis. For a full list of major elective options, see the UGA bulletin at <https://bulletin.uga.edu>

–Many courses require prerequisites, please consult the Bulletin.

–The Department of Health Promotion does not accept online versions of the following classes: COMM 1110, C BIO 2200, and C BIO 2210.

–**Information on HPRB 5560S – Field Experience in HPB (internship)**

- The field experience will be completed (during one semester for 6 credit hours) no earlier than the student's final semester of study for the degree.
- Prior to HPRB 5560S enrollment
 - Students must submit their internship proposal documents by mid-point of the semester preceding the internship.
 - First Aid and CPR certification is a required part of the internship proposal and will not be evaluated until senior year.
 - Students must complete all University requirements (including PEDB).
 - Students must complete all major-required courses with a C or better.
 - Maximum hours during the last semester are restricted to 6 hours of electives and 6 hours of internship.

–**Important:** Additional undergraduate classes may be needed for students pursuing pre-professional pathways (i.e. pre-med, pre-PA, pre-dental, pre-law, etc.). It is important that students review the admission criteria of their intended graduate professional program well in advance. Students are advised to meet with their intended graduate pre-professional advisor to ensure they are meeting all graduate application requirements, as well as reviewing their graduate application strategy and timeline.

Learn more about the Pre-Professional Advising Office at <https://ppao.uga.edu/>

–**Double Dawgs students**

Once accepted to the Double Dawgs pathway, students may enroll in Double Dawg graduate level courses. Students work with the Double Dawg Advisor for individualized plans.