COURSE PLAN - HEALTH PROMOTION MAJOR

Area of Emphasis: Health Promotion

This area of emphasis prepares students for health promotion and wellness positions in public, community, worksite, and health care settings, as well as for graduate level work in public health. Pre-nursing and pre-occupational therapy students will typically choose this emphasis as well as students who wish to pursue a Masters in Public Health or a Masters in Healthcare Administration.

Freshman and Sophomore years (56–61 hours)

Courses that meet the General Education Curriculum Areas I through V may be found at: http://bulletin.uga.edu.

Area I: Foundation Courses (9 hours)
- ENGL 1101 (3)
- ENGL 1102 (3)
- MATH
  - MATH 1113 recommended (3)

Area II: Sciences (7–8 hours)
- Physical Sciences (3–4)
- Life Sciences (3–4)
  - BIOL 1103 or 1107 recommended (3–4)

Area III: Quantitative Reasoning (4 hours)
- BIOS 2010 recommended (4)

Area IV: World Languages and Culture (9); Humanities and the Arts (3)
- World Languages and Culture (3)
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- Humanities and the Arts (3)
  - COMM 1110 recommended

Area V: Social Sciences (9 hours)
- HIST 2111 or 2112 recommended (3)
- POLS 1101 recommended (3)
- PSYC 1101 recommended (3)

Area VI: Health Promotion Area of Emphasis (16–18 hours)
All must be completed with a C or better
- BIOS 2010 (4)
- One of the following sequences
  - CBIO 2200/L and CBIO 2210/L (8)
  - EPID 2100 and EPID 3100 (6)
  - PSYC 1101 and PSYC 3230 (6)
- COMM 1110 (3)
- HPRB 1710 (3)

Other Requirements
- 120 total credit hours are required for graduation; additional general electives may be needed.
- PEDB course of your choice
- FYOS 1001 (1 hour)

This is a high demand major. Students typically apply to the major (fall or spring) in their sophomore year and begin major sequence classes the following semester. After admission, there are four semesters of sequenced courses culminating in a 300-hour internship. Entrance requirements and application handbook may be found at https://publichealth.uga.edu/degree/b-s-in-health-promotion/.

Junior and Senior years (60 hours)

A grade of C or better is required for all major required and major elective courses.

Major Requirements (40 hours)

CPH Core (15 hours)
- BIOS 3000 – Intermediate Biostatistics (3)
- EHSC 3060 – Intro to Environmental Health (3)
- EPID 4070 – Foundations of Epidemiology (3)
- HPAM 3600 – Introduction to Health Policy (3)
- PBHL 3100 – Introduction to Public Health (3)

HPB Core (25 hours)
All courses in this section require major acceptance and are taken in sequence (with the exception of HPRB 3850).
- 1st semester
  - HPRB 3020S – Introduction to Health Promotion (3)
  - HPRB 5410W – Professional Writing (3)
- 2nd semester
  - HPRB 3700 – Community Health (3)
  - HPRB 5010 – Research Design and Methods (3)
- 3rd semester
  - HPRB 4400 – Health Prom. Program Dev (3)
  - HPRB 5900 – Capstone in HPB (1)
- 4th and final semester
  - HPRB 5560S – Field experience in HPB (6)
- HPRB 3850 – Chronic Disease Prevention (3)

HP–HP Major Electives (20–21 hours)

Major electives should be chosen in consultation with your academic advisor. Pick 7 classes from the list on the back for a total of at least 20 hours

1. ____________________________
2. ____________________________
3. ____________________________
4. ____________________________
5. ____________________________
6. ____________________________
7. ____________________________

Options include:
- Any upper level course (3000 – 5999) in HPRB excluding HPRB 3010.
- Any upper level course (3000 – 5999) in BIOS, DMAN, EHSC, EPID, GLOB, GRNT, or HPAM.

See back for all major elective options.

Research and study abroad courses require departmental approval to count as major electives.
- 120 total credit hours are required for graduation; additional general electives may be needed.

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Students work with the Double Dawg Advisor for individualized plans. Once accepted to the Double Dawgs pathway, students may enroll in Double Dawg graduate level courses. Learn more about the Pre-Professional Advising Office at https://ppao.uga.edu/ as well as reviewing their graduate application strategy and timeline. Students are advised to meet with their intended graduate pre-professional advisor to ensure they are meeting all graduate application requirements, law, etc.). It is important that students review the admission criteria of their intended graduate professional program well in advance. Important:

- Information on HPRB 5560S - Field Experience in HPB (internship)
- The Department of Health Promotion does not accept online versions of the following classes: COMM 1110, CBIO 2200, and CBIO 2210.
- Many courses require prerequisites, please consult the Bulletin.

Tor to HPRB 5560S enrollment
- Students must submit their internship proposal documents by mid-point of the semester preceding the internship.
  - First Aid and CPR certification is a required part of the internship proposal and will not be evaluated until senior year.
  - Students must complete all University requirements (including PEDB).
  - Students must complete all major-required courses with a C or better.
- Maximum hours during the last semester are restricted to 6 hours of electives and 6 hours of internship.

- Important: Additional undergraduate classes may be needed for students pursuing pre-professional pathways (i.e. pre-med, pre-PA, pre-dental, pre-law, etc.). It is important that students review the admission criteria of their intended graduate professional program well in advance. Students are advised to meet with their intended graduate pre-professional advisor to ensure they are meeting all graduate application requirements, as well as reviewing their graduate application strategy and timeline. Learn more about the Pre-Professional Advising Office at https://ppao.uga.edu/.

Double Dawgs students
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### Major Elective Options:

Any upper level course (3000 – 5999) in HPRB excluding HPRB 3010.

- HPRB 3050S - Service-Learning in Health Promotion (Study Abroad)
- HPRB 3150 - Women’s Health
- HPRB 3210 - Health Consumerism and Self-Care
- HPRB 3750 - Foundations of Injury Prevention

- HPRB 4180 - Health Promotion Program Study Abroad (Study Abroad)
- HPRB 5060 - Educational Strategies in Human Sexuality
- HPRB 5210 - Effects of Drug Use and Abuse
- HPRB 5310 - Introduction to Public Health Communication

Any upper level course (3000 – 5999) in BIOS, DMAN, EHSC, EPID, GLOB, GRNT, or HPAM.

- DMAN 3100 - Disasters and Society
- DMAN 3200 - Disaster Policy
- DMAN 3300 - International Aspects of Disaster
- DMAN 3400 - Disasters, Media, and Pop Culture
- DMAN 3750 - How to Survive the Apocalypse
- EHSC 4100 - Industrial Hygiene
- EHSC 4150 - Solid and Hazardous Waste Management
- EHSC 4200 - Global Climate Change and Public Health
- EHSC 4320 - Food Safety Control Programs
- EHSC 4490 - Environmental Toxicology
- EHSC 4600 - Ecotoxicology
- EHSC 4610 - Water Pollution and Human Health
- EPID 3100 - Data Fluency and Management in Public Health
- GLOB 3100 - Introduction to Global Health
- GLOB 3150 - Culture and Global Health
- GLOB 3200 - Global Health and Food
- GLOB 3300 - Global Maternal and Child Health
- GLOB 3400 - Global Health Policy
- GLOB 3770 - Pandemic! Infectious Disease in Global History

- DMAN 3000 - Aspects of Aging
- DMAN 3050 - End of Life and Aging
- DMAN 3100 - Early Life Influences on Aging
- DMAN 3150 - Global Aging
- DMAN 3210 - Intro to Lifespan Health Psych
- DMAN 3300 - Health Communication and Aging
- DMAN 3400 - Cognition and the Aging Brain
- DMAN 3500 - Smart Technology in an Aging Society
- DMAN 3700 - Exploring Aging Through Film
- DMAN 4010 - Biogerontology
- DMAN 4700 - Psychology of Aging
- EPID 3100 - Health Systems Science
- EPID 3500 - Introduction to Healthcare Management
- EPID 3650 - Comparative Healthcare Systems (Study Abroad option)
- EPID 4150 - Health Policy Law and Ethics
- EPID 4300 - Essentials of Health Care Administration
- EPID 4600 - Advanced Health Policy
- EPID 4615 - Politics of Disease Control
- GRNT 3000 - Aspects of Aging
- GRNT 3010 - Diversity in Aging: A Service-Learning Experience
- GRNT 3050 - End of Life and Aging
- GRNT 3100 - Early Life Influences on Aging
- GRNT 3150 - Global Aging
- GRNT 3200 - Intro to Lifespan Health Psych
- GRNT 3300 - Health Communication and Aging
- GRNT 3400 - Cognition and the Aging Brain
- GRNT 3500 - Smart Technology in an Aging Society
- GRNT 3700 - Exploring Aging Through Film
- GRNT 4010 - Biogerontology
- GRNT 4700 - Psychology of Aging
- HPAM 3410 - Health Systems Science
- HPAM 3500 - Introduction to Healthcare Management
- HPAM 3650 - Comparative Healthcare Systems (Study Abroad option)
- HPAM 4150 - Health Policy Law and Ethics
- HPAM 4300 - Essentials of Health Care Administration
- HPAM 4600 - Advanced Health Policy
- HPAM 4615 - Politics of Disease Control
- HIST 3740 - Disease and Human History
- KINS 3700 - Applied Exercise Physiology
- PSYC 3230 - Abnormal Psychology
- PSYC 3810 - Psychology of Health
- SOCI 3100 - Medical Sociology
- SOCI 3110 - Sociology of Healthcare
- SOCI 3280 - Sociology of Gender
- SOCI 4280 - Global Perspectives on Gender


- This is not a comprehensive list of major electives for the Health Promotion area of emphasis. For a full list of major elective options, see the UGA bulletin at https://bulletin.uga.edu /

- Many courses require prerequisites, please consult the Bulletin.

- The Department of Health Promotion does not accept online versions of the following classes: COMM 1110, CBIO 2200, and CBIO 2210.

- Information on HPRB 5560S - Field Experience in HPB (internship)

  The field experience will be completed (during one semester for 6 credit hours) no earlier than the student’s final semester of study for the degree.

  Prior to HPRB 5560S enrollment:
  - Students must submit their internship proposal documents by mid-point of the semester preceding the internship.
  - First Aid and CPR certification is a required part of the internship proposal and will not be evaluated until senior year.
  - Students must complete all University requirements (including PEDB).
  - Students must complete all major-required courses with a C or better.
  - Maximum hours during the last semester are restricted to 6 hours of electives and 6 hours of internship.

- Important: Additional undergraduate classes may be needed for students pursuing pre-professional pathways (i.e. pre-med, pre-PA, pre-dental, pre-law, etc.). It is important that students review the admission criteria of their intended graduate professional program well in advance. Students are advised to meet with their intended graduate pre-professional advisor to ensure they are meeting all graduate application requirements, as well as reviewing their graduate application strategy and timeline. Learn more about the Pre-Professional Advising Office at https://ppao.uga.edu/.

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