

Heather M. Padilla, PhD, RDN, LD

Director, Workplace Health Group
Director, Traffic Safety Research and Evaluation Group

Department of Health Promotion and Behavior
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Academic History

Present rank: Associate Professor

Allocation of effort (% time) assignments: 50% Teaching, 45% Research, 5% Service

Tenure status: Tenured

Graduate faculty status: January 2018

Affiliations: Interdisciplinary Qualitative Studies, Obesity Research Initiative

Education

2017	PhD, Public Health Education and Promotion	University of Georgia
2002	MS, Human Nutrition	University of Georgia
2000	BSFCS, Dietetics	University of Georgia

Certifications and Licensure

2003- present	Registered Dietitian Nutritionist	Commission on Dietetic Registration
2003- present	Licensed Dietitian	State of Georgia

Academic Appointments

2024- present	Associate Professor, Department of Health Promotion and Behavior	University of Georgia
2018- 2024	Assistant Professor, Department of Health Promotion and Behavior	University of Georgia
2017	Assistant Research Scientist, Department of Health Promotion and Behavior	University of Georgia

Research and Professional Experience

2011- 2017	Research Director, Workplace Health Group	University of Georgia
2006- 2011	Project Coordinator, Workplace Health Group	University of Georgia
2008- 2010	Clinical Dietitian	Landmark Hospital, Athens, GA
2007- 2009	Clinical Dietitian	Walton Regional Medical Center, Monroe, GA
2005- 2006	Lead Clinical Dietitian	Regency Hospital of Greenville, Greenville, SC
2003- 2005	Clinical Dietitian	Elbert Memorial Hospital, Elberton, GA

Instruction			
Courses taught			
Course number(s)	Title	Semesters Taught	Enrollment/Credit Hours
Doctoral Level Courses			
HPAM 9300	Doctoral Dissertation	Spring 2022 Fall 2021 Summer 2021	3/12.0
HPRB 9300	Doctoral Dissertation	Fall 2024, 2023, 2022, 2021 Spring 2024, 2023, 2022 Summer 2024, 2022	16/95.0
HPRB 9005	Doctoral Graduate Student Seminar	Fall 2022 Summer 2022 Fall 2021	3/9.0
HPRB 9000	Doctoral Research	Fall 2024, 2023, 2022, 2021, 2020 Summer 2024, 2023, 2022, 2021, 2020 Spring 2024, 2023, 2022, 2021, 2020	27/175.0
HPRB 8000	Directed Study in Health Promotion and Behavior	Spring 2023, 2021, 2020 Fall 2020	5/18.0
Master Level Courses			
PBHL 7800	Capstone Project in Public Health	Spring 2021, 2020 Summer 2020 Fall 2018	6/18.0
PBHL 7660/7560	Applied Practice Experience in Public Health/Applied Practice and Integrative Learning Experience in Public Health	Fall 2024, 2023, 2022, 2021 Spring 2023, 2022, 2021 Summer 2022	10/40.0
PBHL 7560	Internship in Public Health	Summer 2020 Spring 2020	4/24.0
HPRB 7000	Master's Research	Fall 2024, 2023, 2021, 2020, 2019, 2018 Summer 2024, 2023, 2022,	28/117.0

		2021, 2020, 2019 Spring 2024, 2022, 2021, 2020, 2019	
HPRB 7470	Program Evaluation in Health Promotion and Health Education	Fall 2024, 2023, 2022, 2021, 2020, 2019, 2018, 2017	143/429.0
HPRB 7005	Graduate Student Seminar	Fall 2024	3/9.0
HPRB/FDNS/KINS 7600	Public Health Physical Activity and Nutrition Interventions	Fall 2019	15/60.0
Undergraduate Level Courses			
HPRB 4980R	Faculty-Mentored Undergraduate Research III	Fall 2023 Summer 2023	2/3.0
HPRB 4970R	Faculty-Mentored Undergraduate Research II	Fall 2022	1/2.0
HPRB 4960R	Faculty-Mentored Undergraduate Research I	Spring 2021	1/3.0
HPRB 4960	Health Promotion Undergraduate Research	Fall 2021, 2019, 2017 Spring 2018 Fall 2017	4/10.0
HPRB 3100	Introduction to Behavioral Medicine	Spring 2021	10/30.0
Courses Taught for Faculty on Parental Leave (not as Instructor of Record)			
Chronic Disease Prevention (HPRB 3850) Role: Co-instructor – Weeks 1-8			Spring 2018
Health Promotion Program Development (HPRB 4400) Role: Co-instructor – Weeks 1-8			Spring 2018
Capstone in HPB (HPRB 5900) Role: Co-instructor – Weeks 8-12			Spring 2018
Invited Guest lectures			
Health for All People in All Places (HPRB 9100e)			Summer 2023
Evaluation in Public Health (FDNS 8000)			Fall 2022
Behavioral Medicine Interventions in Worksite Settings Introduction to Behavioral Medicine (HPRB 3100) Department of Health Promotion and Behavior, University of Georgia			Spring 2019, 2017
Health in the Workplace Community Health (HPRB 3700) Department of Health Promotion and Behavior, University of Georgia			Fall 2024, 2019, 2018, 2017, 2016, 2015, 2014, 2013, 2012 Spring 2020, 2018, 2017, 2016, 2014, 2013
Women at Work Issues in Women's Health (HPRB 3150) Department of Health Promotion and Behavior, University of Georgia			Fall 2015 Spring 2016

Supervision of Graduate Students				
Student name	Degree objective	Graduation Date	Current Placement	Role
Doctoral students				
Farrah Williams	DrPH	Spring 2022	Emory University	Major Professor
Anita Reina	PhD, Health Promotion and Behavior	Summer 2022	UGA College of Public Health Institute of Gerontology	Co-Major Professor
Rachel McCardel	PhD, Health Promotion and Behavior	Spring 2023	Centers for Disease Control and Prevention	Major Professor
Alexis Carraway	PhD, Health Promotion and Behavior	Spring 2024	UGA Student Success and Well-Being	Major Professor
Emily Loedding	PhD, Health Promotion and Behavior	Fall 2024	Synergy Enterprises	Major Professor
Tonia Ruddock	PhD, Epidemiology	Summer 2023	Georgia Department of Public Health	Doctoral Advisory Committee
Kathryn Chiang	PhD, Health Promotion and Behavior	Fall 2024	American Cancer Society	Major Professor
Katherine Ingerson	PhD, Nutrition Science	Fall 2023	UGA Dining Services	Doctoral Advisory Committee
Kendra Driver	PhD, Health Promotion and Behavior	Fall 2023	Driver Consulting and Analytics	Doctoral Advisory Committee
Jared Jashinsky	PhD, Health Promotion and Behavior	Spring 2019	Florida Health	Doctoral Advisory Committee
MPH Capstone Supervision				
Student name	Degree objective	Graduation Date	Current Placement	Role
Rachel McCardel	MPH	Summer 2020	Centers for Disease Control and Prevention	Capstone advisor
Jasmine Gaillard	MPH	Spring 2021	Centers for Disease Control and Prevention	Capstone advisor
Sarah Eller	MPH	Spring 2020	BlazerWorks	Capstone advisor
Julia Hennig	MPH	Spring 2020	PERI	Capstone advisor
Ciara Long	MPH	Spring 2020	Open Hand Atlanta	Capstone advisor
Devon Brown	MPH/MSW	December 2018	John Snow, Inc.	Capstone advisor
Undergraduate Student Research including CURO or Departmental Research Courses				
Sritha Donepudi	BS	Spring 2024	Undergraduate student, UGA College of Public Health	CURO advisor, Undergraduate research instructor

Emily Loedding	BS	Spring 2020	Doctoral student, UGA College of Public Health	CURO advisor, Undergraduate research instructor
Rachel McCardel	BS	Summer 2018	Centers for Disease Control and Prevention	CURO advisor, Undergraduate research instructor
Charlotte Tippet	BS	Summer 2018	Physician Assistant, Children's Healthcare of Atlanta	Undergraduate research instructor

Recognition and Outstanding Achievements

2024 College of Public Health Inclusive Excellence Award
 Nominated for 2024 College of Public Health Service Award
 2023 Responsible Research in Management Award co-sponsored by the Fellows of the Academy of Management and the Community for Responsible Research in Business Management
 2023 Excellence in Teamwork in the Georgia Association of Extension 4-H Youth Development Professions
 2023 Excellence in Teamwork in Georgia Extension Association of Family and Consumer Sciences
 Delta Omega Honorary Society in Public Health Beta Chi Chapter
 Phi Upsilon Omicron
 Golden Key National Honor Society
 Gamma Sigma Delta
 2022 Rural Engagement Workshop for Academic Faculty
 Nominated for CPH Service Award 2022
 American Journal of Health Promotion 2021 Paper of the Year for Translating CDSMP to the Workplace: Results of the Live Healthy Work Healthy Program
 2021 Pre-Seed Team Award: Systems Approach for Sustainable Strategies to Prevent Chronic Disease Innovation Bootcamp Spring 2020 Cohort
 Student Career Success Influencer Award 2022, 2024
 Named by a graduate of Classes of 2019, 2020, 2021 as a person who contributed to Career Development and Success in UGA Career Outcomes Survey
 2017 Citation Abstract Winner, Society of Behavioral Medicine
 2017 Meritorious Abstract Winner, Society of Behavioral Medicine
 2016 Graduate Study Abstract Award for Outstanding Research in Pain or Palliative Care, Society of Behavioral Medicine Pain Special Interest Group
 2016 Student Abstract Award, Society of Behavioral Medicine, Student Special Interest Group

Select Professional Development

Dates	Activity	Location
January 17-20, 2023	DNPAO/SOPHE Integrating Nutrition and Intercultural Competency in the Charitable Food System Action Institute	Virtual Dooly County
January 14, 2022	Basic Life Support Certification	Wright Hall
Fall 2021	DNPAO/SOPHE Writing for Publication Workshop	Virtual
November 19, 2021	Public Health Pathways: Deepening Dialogues in Diversity	Virtual
September 24, 2021	Public Health Pathways: Countering Unconscious Bias	Virtual

September 22-23, 2021	Writing Winning K-Award Proposals	Virtual
April 9, 2021	Public Health Pathways: Organizational Excellence Through Diversity	Virtual
February 12, 2021	Public Health Pathways: Diversity at UGA: Beyond the Numbers	Virtual
Summer 2020	Inaugural Faculty Learning Community of the College of Public Health	Virtual

Scholarly Activities

**indicates a mentored student co-author*

Note: In my field, first author is responsible for study oversight and primary responsibility for drafting the manuscript; the last author position is the senior authorship position, usually designated for the PI

Peer-Reviewed Journal Articles

33. Ashby, E.L.* , Donepudi, S.* & **Padilla, H.M.** (2024). Understanding lactation policies and resources across a university system: Survey and document review. *BMC Pregnancy Childbirth*, 24, 367. <https://doi.org/10.1186/s12884-024-06541-9>
32. Reina, A. M.* , Beer, J. M., Renzi-Hammond, L. M., Zhang, D., & **Padilla, H. M.** (2024). Mind Your Heart: A mindful eating and diet education eHealth program. *Journal of Nutrition Education and Behavior*, 56(1), 54-65. doi:[10.1016/j.jneb.2023.10.017](https://doi.org/10.1016/j.jneb.2023.10.017)
31. McCardel, R.* , Callands, T., Rajbhandari-Thapa, J., Swartzendruber, A., & **Padilla, H.** (2024). Experiences with work-family conflict, breastfeeding, and perinatal mental health among women returning to work after giving birth: A mixed methods study. *Journal of Occupational Environmental Medicine*, 66(3), 216-225. doi:[10.1097/jom.0000000000003025](https://doi.org/10.1097/jom.0000000000003025)
30. Rajbhandari-Thapa, J., Chiang, K.* , Lee, M. C., Treankler, A., **Padilla, H.**, Vall, E. A., & Fedrick, M. (2023). Depression and anxiety among college students at Historically Black and Predominantly White universities during the COVID-19 pandemic: A cross-sectional study. *Journal of American College Health*, 1-8. doi:[10.1080/07448481.2023.2230297](https://doi.org/10.1080/07448481.2023.2230297)
29. Berg, A., **Padilla, H.**, Dobbins, C.* , Garner, C., Southall, H., Holmes, G., . . . Davis, M. (2023). Community Gardens: A Catalyst for Community Change. *Health Promotion Practice*.
28. McCardel, R. E.* , Loedding, E. H.* , & **Padilla, H. M.** (2022). Examining the relationship between return to work after giving birth and maternal mental health: A Systematic Review. *Maternal and Child Health Journal*, 26(9), 1917-1943. doi:[10.1007/s10995-022-03489-0](https://doi.org/10.1007/s10995-022-03489-0)
27. Haynes, N. J.* , Vandenberg, R. J., Wilson, M. G, DeJoy, D. M., **Padilla, H. M.**, & Smith, M. L. (2021). Evaluating the Impact of The Live Healthy, Work Healthy Program on organizational outcomes: A randomized field experiment. *Journal of Applied Psychology*, 107(10), 1758-1780. doi:[10.1037/apl0000977](https://doi.org/10.1037/apl0000977)
26. Fonzi, V.* , Thapa, K.* , Luitel, K., **Padilla, H.**, Harris, C., Khan, M. M., . . . Rajbhandari-Thapa, J. (2021). Using Influenza vaccination location data from the 2018 Behavioral Risk Factor Surveillance System (BRFSS) to expand COVID-19 vaccination coverage. *International Journal of Environmental Research and Public*, 18(15), 7753. doi:[10.3390/ijerph18157753](https://doi.org/10.3390/ijerph18157753)
25. **Padilla, H. M.**, Zuercher, H., Robertson, M., DeJoy, D. M., Wilson, M., Vandenberg, R. J., & Corso, P. S. (2021). Reach, uptake, and satisfaction of three delivery modes of *FUEL Your Life*. *Health Promotion Practice*, 22(3), 415-422. doi:[10.1177/1524839919869921](https://doi.org/10.1177/1524839919869921). 31448635.

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24. **Padilla, H. M.**, Wilson, M., Vandenberg, R. J., Davis, M., & Clark, M. A. (2021). Health behavior among working adults: Workload and exhaustion are associated with nutrition and physical activity behaviors that lead to weight gain. *Journal of Health Psychology, 26*(6), 892-904. doi:[10.1177/1359105319851205](https://doi.org/10.1177/1359105319851205).
 23. McCardel, R. E.*, Loedding, E. H.*, & **Padilla, H. M.** (2021). Examining the Implementation of Physical Activity and Healthy Eating Policies in a Large, Public Health Organization. *Journal of Occupational & Environmental Medicine, 63*(1), e26-e31. doi:[10.1097/jom.0000000000002079](https://doi.org/10.1097/jom.0000000000002079)
 22. Wilson, M. G., DeJoy, D. M., Vandenberg, R. J., **Padilla, H. M.**, Haynes, N. J.*, Zuercher, H., . . . Smith, M. L. (2021). Translating CDSMP to the Workplace: Results of the Live Healthy Work Healthy Program. *American Journal of Health Promotion, 35*(4), 491-502. <https://doi.org/10.1177/0890117120968031>
 21. McCardel, R. E. *, & **Padilla, H. M.** (2020). Assessing workplace breastfeeding support among working mothers in the United States. *Workplace Health and Safety, 68*(4), 182-189. doi:[10.1177/2165079919890358](https://doi.org/10.1177/2165079919890358)
 20. Rajbhandari-Thapa, J., Zhang, D., **Padilla, H. M.**, & Chung, S. R. (2019). Opioid-related hospitalization and its association with chronic disease: Findings from the National Inpatient Sample, 2011-2015. *Preventing Chronic Disease, 16*. doi:[10.5888/pcd16.190169](https://doi.org/10.5888/pcd16.190169)
 19. Wilson, M. G., **Padilla, H. M.**, Meng, L., & Daniel, C. N. (2019). Impact of a workplace holiday weight gain prevention program. *Nutrition and Health, 25*(3), 173-177. doi:[10.1177/0260106019854916](https://doi.org/10.1177/0260106019854916)
 18. Haynes, N. J.*, Vandenberg, R. J., DeJoy, D. M., Wilson, M. G., **Padilla, H. M.**, Zuercher, H. S., & Robertson, M. M. (2019). The Workplace Health Group: A Case Study of 20 Years of Multidisciplinary Research. *American Psychologist, 74*(3), 380-393. doi:[10.1037/amp0000445](https://doi.org/10.1037/amp0000445)
 17. Smith, M. L., Wilson, M. G., Robertson, M. M., **Padilla, H. M.**, Zuercher, H., Vandenberg, R., Corso, P., Lorig, K., Laurent, D. D., DeJoy, D. M. (2018). Impact of a translated disease self-management program on employee health and productivity: Six-month findings from a randomized controlled trial. *International Journal of Environmental Research and Public Health, 15*(5), 851. doi:[10.3390/ijerph15050851](https://doi.org/10.3390/ijerph15050851)
 16. Corso, P. S., Ingels, J. B., **Padilla, H. M.**, Zuercher, H., DeJoy, D. M., Vandenberg, R. J., & Wilson, M. G. (2018). Cost effectiveness of a weight management program implemented in the worksite translation of Fuel Your Life. *Journal of Occupational and Environmental Medicine, 60*(8): 683-687. doi:[10.1097/JOM.0000000000001343](https://doi.org/10.1097/JOM.0000000000001343)
 15. Wilson, M. G., DeJoy, D. M., Vandenberg, R. J., Corso, P., **Padilla, H.**, & Zuercher, H. (2016). Effect of intensity and program delivery on the translation of DPP to worksites: A randomized controlled trial of Fuel Your Life. *Journal of Occupational and Environmental Medicine, 58*(11), 1113-1120. doi:[10.1097/JOM.0000000000000873](https://doi.org/10.1097/JOM.0000000000000873)
 14. Ingels, J. B., Walcott, R. L., Wilson, M. G., Corso, P. S., **Padilla, H. M.**, Zuercher, H., DeJoy, D. M., & Vandenberg, R. J. (2016). A prospective programmatic cost analysis of Fuel Your Life: A worksite translation of DPP. *Journal of Occupational and Environmental Medicine, 58*(11), 1106-1112. doi:[10.1097/JOM.0000000000000868](https://doi.org/10.1097/JOM.0000000000000868)
 13. Wilson, M. G., DeJoy, D. M., Vandenberg, R., **Padilla, H.**, & Davis, M. (2016). FUEL Your Life: A translation of the Diabetes Prevention Program to worksites. *American Journal of Health Promotion, 30*(3), 188-197. doi:[10.4278/ajhp.130411-QUAN-169](https://doi.org/10.4278/ajhp.130411-QUAN-169)

12. Brace, A. M., **Padilla, H. M.**, DeJoy, D. M., Wilson, M. G., Vandenberg, R. J., & Davis, M. (2015). Applying RE-AIM to the evaluation of FUEL Your Life: A worksite translation of DPP. *Health Promotion Practice, 16*(1), 28-35. doi:[10.1177/1524839914539329](https://doi.org/10.1177/1524839914539329)
11. DeJoy, D. M., Dyal, M. A., **Padilla, H. M.**, & Wilson, M. G. (2014). National Workplace Health Promotion surveys: The Affordable Care Act and future surveys. *American Journal of Health Promotion, 28*(3), 142-145. doi:[10.4278/ajhp.121212-CIT-602](https://doi.org/10.4278/ajhp.121212-CIT-602)
10. Smith, M. L., Wilson, M. G., DeJoy, D. M., **Padilla, H.**, Zuercher, H., Corso, P., Vandenberg, R. J., Lorig, K., & Ory, M. G. (2014). Chronic disease self-management program in the workplace: Opportunities for health improvement. *Frontiers in Public Health Education and Promotion, 2*, 179. doi:[10.3389/fpubh.2014.00179](https://doi.org/10.3389/fpubh.2014.00179)
9. DeJoy, D. M., **Padilla, H. M.**, Wilson, M. G., Vandenberg, R. J., & Davis, M. A. (2013). Worksite translation of the Diabetes Prevention Program: Formative research and pilot study results from FUEL Your Life. *Health Promotion Practice, 14*(4), 506-513. doi:[10.1177/1524839912461014](https://doi.org/10.1177/1524839912461014)
8. DeJoy, D. M., Wilson, M. G., **Padilla, H. M.**, Goetzel, R. Z., Parker, K. B., Della, L. J., & Roemer, E. C. (2012). Process evaluation results from an environmentally focused worksite weight management study. *Health Education and Behavior, 39*(4), 405-418. doi:[10.1177/1090198111418109](https://doi.org/10.1177/1090198111418109)
7. DeJoy, D. M., Parker, K. M., **Padilla, H. M.**, Wilson, M. G., Roemer, E. C., & Goetzel, R. Z. (2011). Combining environmental and individual weight management interventions in a work setting: Results from the Dow Chemical study. *Journal of Occupational and Environmental Medicine, 53*(3), 245-252. doi:[10.1097/JOM.0b013e31820c9023](https://doi.org/10.1097/JOM.0b013e31820c9023)
6. Parker, K. B., DeJoy, D. M., Wilson, M. G., **Bowen, H. M.**, & Goetzel, R. Z. (2010). Application of the Environmental Assessment Tool (EAT) as a process measure for a worksite weight management intervention. *Journal of Occupational and Environmental Medicine, 52*(1), S42-S51. doi:[10.1097/JOM.0b013e3181ca3b37](https://doi.org/10.1097/JOM.0b013e3181ca3b37)
5. DeJoy, D. M., **Bowen, H. M.**, Baker, K. M., Bynum, B. H., Wilson, M. G., Goetzel, R. Z., & Dishman, R. K. (2009). Management support and worksite health promotion program effectiveness. In B.T. Karsh (Ed.). *Ergonomics and Health Aspects*. Springer-Verlag.
4. DeJoy, D. M., Wilson, M. G., Goetzel, R. Z., Ozminkowski, R. J., Wang, S., Baker, K. M., **Bowen, H.**, Tully, K. J. (2008). Development of the Environmental Assessment Tool (EAT) to measure organizational physical and social support for worksite obesity prevention programs. *Journal of Occupational and Environmental Medicine, 50*(2), 126-137. doi:[10.1097/JOM.0b013e318161b42a](https://doi.org/10.1097/JOM.0b013e318161b42a)
3. Harris, R. B. S., **Bowen, H. M.**, & Mitchell, T. D. (2003). Leptin resistance in mice is determined by gender and duration of exposure to high-fat diet. *Physiology and Behavior, 78*(4-5), 543-555. doi:[10.1016/S0031-9384\(03\)00035-0](https://doi.org/10.1016/S0031-9384(03)00035-0)
2. **Bowen, H.**, Mitchell, T. D., & Harris, R. B. S. (2003). Method of leptin dosing, strain, and group housing influence leptin sensitivity in high-fat-fed weanling mice. *American Journal of Physiology, 284*(1), R87-R100. doi:[10.1152/ajpregu.00431.2002](https://doi.org/10.1152/ajpregu.00431.2002)
1. **Bowen, H. M.**, Mitchell, T. D., & Harris, R. B. S. (2001). Development of central but not peripheral leptin resistance in high-fat fed mice. In *Obesity Research* Vol. 9 (pp. 110S).

Book Chapters

7. **Padilla, H. M.**, Roemer, E. C., McCardel, R. E. *, & DeJoy, D. M. (2022). The Workplace Food Environment. In C.E.L. Evans (Ed.). *Transforming Food Environments* (1st ed.) CRC Press <https://doi.org/10.1201/9781003043720>

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6. Wilson, M. G., Smith, M. L., DeJoy, D. M., & **Padilla, H. M.** (2021). Self-management in the Workplace. In J. Frantz, L. Schopp, A. Rhoda (Eds.) *Self-Management in Chronic Illness* (pp. 143-161) Switzerland, Springer Nature https://doi.org/10.1007/978-3-030-69736-5_10
 5. Wilson, M. & **Padilla, H.** (2017) Weight management in US occupational settings. In Oxford Bibliographies in Public Health. Ed. David McQueen. New York: Oxford University Press. DOI: 10.1093/OBO/9780199756797-0109
 4. Wilson, M.G., Gay, J.L., DeJoy, D.M. & **Padilla, H.M.** (2015). Enhancing fitness and physical activity. In O'Donnell, M. (Ed.). *Health promotion in the workplace* (4th ed.) (pp. 439-466). Albany, NY: Delmar.
 3. Wilson, M.G., Baker, K., DeJoy, D.M., **Bowen, H.M.**, & Davis, M. (2010). The employer's role in reducing health disparities through diabetes prevention and control. In L. Jack (Ed.). *Diabetes in Black America: Public health and clinical solutions to a national crisis* (pp. 373-395). Roscoe, IL: Hilton.
 2. **Bowen, H.M.**, Smith, T.D., DeJoy, D.M., & Wilson, M.G. (2009). Health promotion programming in small, medium, and large size businesses. In N.P. Pronk (Ed.) *American College of Sports Medicine worksite health handbook* (2nd Ed.) (pp. 41-48). Champaign, IL: Human Kinetics.
 1. Goetzel, R.Z., Bowen, J., Ozminkowski, R.J., Kassed, C., Roemer, E.C., Tabrizi, M.J., Short, M., Wang, S., Pei, X., **Bowen, H.M.**, DeJoy, D.M., Wilson, M.G., Baker, K., Tully, K., White, J.M., Bilotti, G.M., & Baase, C.M. (2009). Case study: Introducing environmental interventions at The Dow Chemical Company aimed at reducing overweight and obesity among workers. In N.P. Pronk (Ed.) *American College of Sports Medicine worksite health handbook* (2nd Ed.) (pp. 336-341). Champaign, IL: Human Kinetics.

Select Peer Reviewed Abstracts (with Conference Presentation)

64. Appelbaum, M.*, **Padilla, H.**, Rajbhandari-Thapa, J., McCardel, R., Donepudi, S.*, Zuercher, H., Berg, A. (2024). Exploring the fit and feasibility of implementing CDC-recommended Family Healthy Weight Programs (FHWP) in Southwest Georgia through Cooperative Extension. Presentation at 2024 National Health Outreach and Engagement Conference.
63. Appelbaum, M.*, **Padilla, H.**, Rajbhandari-Thapa, J., McCardel, R., Donepudi, S.*, Thapa, K.*, Berg, A. (2024). Exploring the fit and feasibility of implementing CDC-recommended Family Healthy Weight Programs (FHWP) in Southwest Georgia through Cooperative Extension. Poster presentation at Georgia Extension Association of Family and Consumer Sciences Annual Conference. August 28, 2024.
62. Garner, C., Ashley, S., Crosson, L., Lester, K., Peavy, K., Davis, M., Johnson, L., Lamm, A., **Padilla, H.**, Berg, A. (2024). Healthier Together: A collaborative effort to improve health in rural communities. 2024 National Health Outreach and Engagement Conference.
61. **Padilla, H.**, Kasha, A., & Garner, C.* (2023). A rural roads evaluation in Georgia. Oral Presentation at the 4th Annual Summit on Rural Roads Safety, Oklahoma City, OK, September 12-14, 2023.
60. Appelbaum, M.*, **Padilla, H.**, Southall, H., Lamm, A., Longenecker, D., Sanders, C., . . . Berg, A. (2023). Implementing policy, systems, and environmental obesity prevention interventions in rural Georgia: The High Obesity Program. In *Proceedings of the Society of Nutrition Education and Behavior* (pp. 81-82). Washington, DC: Journal of Nutrition Education and Behavior. doi:[10.1016/j.jneb.2023.05.177](https://doi.org/10.1016/j.jneb.2023.05.177)
59. Matta, J.*, Rajbhandari-Thapa, J., Biplav, T.*, Woldman, T.*, Waits, G.*, **Padilla, H.**, Allen, W., & Jones, A. (2023). Low COVID-19 risk perceptions despite exposure among participants of a federally funded vaccine hesitancy program. Oral presentation at the American Public Health Annual Meeting and Conference, November 12-15, 2023, Atlanta, GA.

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58. Thapa, J., Woldman, T. Y.*, **Padilla, H.**, Matta, J.*, Waits, G.*, Allen, W., & Jones, A. (2023). Mixed methods approach to evaluating community based interventions. Roundtable Discussion at the 2023 GPHA Annual Meeting and Conference, Jekyll Island, GA, May 3-5, 2023.
 57. Longenecker, D., Joiner, K.*, **Padilla, H.**, & Partlow, K. (2023). Developing a workflow for students to perform remote walkability data collection and analysis. Oral presentation at Council of Educators in Landscape Architecture, San Antonio, TX, March 15-18.
 56. Reina, A.*, **Padilla, H. M.**, Beer, J. M., Zhang, D., & Renzi-Hammond, L. M. (2023). Mindful eating improves diet quality: Findings from the Mind Your Heart study. Poster presentation at Society of Behavioral Medicine Annual Meeting, April 26-29, Phoenix, Arizona.
 55. Reina, A. M.*, Beer, J. M., Renzi-Hammond, L. M., Rogers, A. I., Harris, M. K., Datta, A., & **Padilla, H. M.** (2022). Developing and implementing the Mind Your Heart Workplace Wellness Program: A novel online mindful nutrition education program for full-time working adults. Oral Presentation at American Public Health Association Annual Meeting, November 6-9, 2022, Boston, MA.
 54. McCardel, R.*, Loedding, E.*, & **Padilla, H.** (2022). Examining the relationship between return to work after giving birth and maternal mental health: A systematic review. Poster Presentation at International Symposium to Advance *Total Worker Health*® October 11-14, 2022, Bethesda, Maryland.
 53. Loedding, E.*, Donepudi, S.*, & **Padilla, H.** (2022). Working mothers must identify and advocate for resources needed to successfully combine work and breastfeeding. Oral Presentation at American Public Health Association Annual Meeting, November 6-9, 2022, Boston, MA.
 52. Haynes, N.*, **Padilla, H.**, & Clark, M. (2022). Heavy work investment profiles and their relationship with health behaviors. In European Association of Work and Organizational Psychology Conference. Glasgow, UK.
 51. Berg, A., **Padilla, H.**, Dobbins, C.*, Lamm, A., Garner, C.*, Southall, H., . . . Johnson, L. (2022). Healthier Together community gardens: Reach, integration, and lessons learned. Poster presentation at the annual meeting of the Georgia Extension of Family and Consumer Sciences. August 30 – September 1, 2022. Ellijay, GA. First place poster presentation
 50. Berg, A., Garner, C.*, **Padilla, H.**, Dobbins, C.*, Lamm, A., Southall, H., . . . Davis, M. (2022). Healthier Together (HT): A university-community collaboration to create a healthier rural Georgia. Trending Topics Outreach Presentations. University of Georgia, College of Family and Consumer Sciences. April 22, 2022.
 49. Sanders, C. E.*, Lamm, A. J., Berg, A. C., **Padilla, H. M.**, Gibson, K. E.*, Garner, C. T.*, Hubbard, R., Southall, H., Longenecker, D., Loedding, E., Marksoyan, T.*, Ashley, S., Johnson, L. P., & Davis, M. (2022). Hybrid evaluation approaches for promoting equity in rural obesity interventions. Roundtable discussion at American Public Health Association Annual Meeting, November 6-9, 2022, Boston, MA.
 48. **Padilla, H.** Kasha, A., & Garner, C.* (2022). Rural road safety: More than infrastructure. *State of Public's Health Conference*. Athens, GA October 27, 2022
 47. McCardel, R.*, **Padilla, H.** (2021). An evaluation of fifty + fit: A worksite wellness program designed to increase physical activity among the aging workforce. APHA 2021 Annual Meeting and Expo, Denver, and Online October 24-27, 2021
 46. Gaillard, J.*, **Padilla, H.**, McCardel, R.* (2021). Impact of the coronavirus pandemic on employee health and well-being at a large public health organization APHA 2021 Annual Meeting and Expo, Denver and Online October 24-27, 2021.

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45. Wilson, M. G., DeJoy, D. M., Vandenberg, R. J., **Padilla, H. M.**, Haynes, N. J., Zuercher, H., Corso, P. S., Lorig, K., & Smith, M. L. (2020). Six-month benefits from Workplace CDSMP participation among employees with chronic conditions. Virtual oral presentation at the National Council on Aging Age+Action Conference, June 8-10, 2020. Dallas, TX.
 44. Ingerson, K., McDaniel, M., Renzi-Hammond, L., **Padilla, H.**, Thapa, J., Berg, A., & Cox, G. (2020). The 'Healthy' Dining Hall: How does Student Perception Influence Eating Behaviors and Perceived Healthiness of College Dining Halls? Poster session presented at the meeting of Society of Nutrition Education and Behavior Annual Conference. In *Journal of Nutrition Education and Behavior* Vol. 52 (pp. S47). Elsevier BV. doi:[10.1016/j.jneb.2020.04.112](https://doi.org/10.1016/j.jneb.2020.04.112)
 43. **Padilla, H. M.**, Zuercher, H., Wilson, M. G., DeJoy, D. M., Vandenberg, R. J., Haynes, N., Smith, M. (2019). Program satisfaction with a worksite translation of the Chronic Disease Self-Management Program. Poster presentation at the American Public Health Association Meeting, November 2-6, 2019, Philadelphia, PA.
 42. **Padilla, H. M.**, McCardel, R.,* DeJoy, D. M., & Wilson, M. G. (2019). Health inequities in access to worksite health promotion programs. Roundtable presentation at the American Public Health Association Meeting, November 2-6, 2019, Philadelphia, PA.
 41. McCardel, R.,* **Padilla, H. M.**, & Daniel, C. (2019). Perceived barriers and facilitators to implementing a workplace lactation policy in a complex organization with multiple worksites. Oral presentation at the American Public Health Association Meeting, November 2-6, 2019, Philadelphia, PA.
 40. Haynes, N. J., **Padilla, H.**, DeJoy, D., Smith, M., Vandenberg, R. J., & Wilson, M. (2019). Allostatic load as a mechanism explaining the link between job stress and employee attitudes and behaviors. Oral presentation at the 13th International Conference on Occupational Stress and Health: Work, Stress, and Health Conference, Philadelphia, PA.
 39. Wilson, M., Zuercher, H., Robertson, M., **Padilla, H.**, DeJoy, D., Haynes, N., Vandenberg, R., Lorig, K. & Smith, M. (2019). Do Work-life factors influence engagement in a worksite chronic disease self-management program? Presented at the American Public Health Association Annual Conference, Philadelphia, PA.
 38. Wilson, M., DeJoy, D., **Padilla, H.**, Vandenberg, R., Haynes, N., Zuercher, H., Corso, P., Lorig, K. & Smith, M. (2019). Translating CDSMP for use in the workplace: Results of the *Live Healthy, Work Healthy* Trial, Presented at the American Public Health Association Annual Conference, Philadelphia, PA.
 37. **Padilla, H. M.**, Zuercher, H., Smith, M. L., DeJoy, D. M., & Wilson, M. G. (2019). Translating the Chronic Disease Self-Management Program to Worksites: Understanding the bidirectional relationship between work and chronic disease. Oral presentation at the Society for Public Health Education 70th Annual Conference, March 27-29, 2019, Salt Lake City, Utah.
 36. Smith, M. L., Wilson, M. G., Robertson, M. M., **Padilla, H. B.**, Zuercher, H., Vandenberg, R., Corso, P. S., Lorig, K., & DeJoy, D. M. (2018). Impact of a disease self-management program on employee health and work performance: Introducing Workplace CDSMP. Poster presentation at the Gerontological Society of America Annual Conference, November 14-18, 2018, Boston, MA.
 35. **Padilla, H. M.**, Wilson, M. G., Bien, M., Daniel, C. & Greene, C. (2017). A holiday weight management program helps employees lose weight. Oral presentation at the 38th Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.

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34. **Padilla, H. M.**, Zuercher, H., Mitchell, M. DeJoy, D. M., & Wilson, M. G. (2017). A comparison of reach, retention, uptake, and satisfaction between three delivery modes of *FUEL Your Life*. Oral presentation at the 38th Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.
 33. Zuercher, H., **Padilla, H. M.**, Bien, M., DeJoy, D. M., Smith, M. L., & Wilson, M. G. (2017). If you build it, will they come? Lessons learned from recruiting participants for a chronic disease self-management program in small to medium worksites in rural Georgia. Oral presentation at the American Public Health Association Annual Meeting, Atlanta, GA.
 32. Wilson, M. G., **Padilla, H. M.**, Meng, L., Bein, M., Daniel, C. & Greene, C. (2017). Weight gain prevention in an employed adult population: Effectiveness of Holiday Survivor. Presented at the World Congress on Nutrition and Obesity Source, Barcelona, Spain.
 31. Wilson, M. G., DeJoy, D. M., Vandenberg, R. J., Corso, P., **Padilla, H.**, Zuercher, H. and Mitchell, M. (2017). The effectiveness of program delivery on the translation of DPP to a worksite setting: Implementation of Fuel Your Life. Presentation at the Global Implementation Conference, Toronto, Canada.
 30. **Padilla, H. M.**, Wilson, M., Parr, E. & Gay, J. (2016). Standing workstations increase occupational physical activity in public health workers. Poster presentation at the 37th Annual Meeting of the Society of Behavioral Medicine, Washington, D.C.
 29. **Padilla, H. M.**, Wilson, M. G., DeJoy, D. M., Vandenberg, R., LoPilato, A., & Zuercher, H. (2015) Predictors of success in a worksite weight management study. Oral presentation at the 36th Annual Meeting of the Society of Behavioral Medicine. San Antonio, TX.
 28. Smith, M. L., Wilson, M. G., DeJoy, D. M., **Padilla, H. B.**, Zuercher H, Vandenberg, R., Corso, P. S., Lorig, K., & Ory, M. G. (2015) Translating the Chronic Disease Self-Management Program (CDSMP) for use in the workplace: Stakeholders and processes. Oral presentation at the American Public Health Association Annual Meeting, Chicago, IL.
 27. Zuercher, H. S., **Padilla, H. M.**, Wilson, M. G. & DeJoy, D. M. (2015). Using motivational interviewing in a worksite translation of the Diabetes Prevention Program. Oral presentation at the American Public Health Association Annual Meeting, Chicago, IL.
 26. Smith, M. L., Wilson, M. G., Zuercher, H., DeJoy, D. M., **Padilla, H. B.**, Vandenberg, R., Corso, P. S., Lorig, K., & Ory, M. G. (2015) The role of trained facilitators in translating CDSMP for use in the workplace. Poster presentation at the Gerontological Society of America Annual Conference, Orlando Florida.
 25. Meng, L., Smith, M. L., **Padilla, H. B.**, Zuercher, H., Robinson, K., Wilson, M. G., & DeJoy, D. M. (2015). Factors associated with missing work among employed adults with chronic conditions. Poster presentation at the Annual State of Public Health Conference, Athens, GA.
 24. Meng, L., Mattick, K. A., **Padilla, H. B.**, Wilson, M. G., DeJoy, D. M., & Smith, M. L. (2015). A systematic literature review of workplace health interventions. Poster presentation at the Annual State of Public Health Conference, Athens, GA.
 23. DeJoy, D. M., Wilson, M. G., **Padilla, H. M.**, Zuercher, H., Vandenberg, R., LoPilato, A., Ingels, J. B., & Mitchell, M. (2015) Workplace translation of the diabetes prevention program. Oral presentation at the 14th European Congress of Psychology, Milan, Italy.
 22. Wilson, M. G., **Padilla, H. M.**, LoPilato, A., Zuercher, H., DeJoy, D. & Vandenberg, R. (2014). An examination of the relationship between work-related and leisure-time physical activity and the perception of work. Oral presentation at the 5th International Congress on Physical Activity and Public Health, Rio de Janeiro, Brazil.

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21. Howard, T. M., Zuercher, H., **Padilla, H. M.**, Wilson, M. G., & DeJoy, D. M. (2014) Group engagement influences participant outcomes in a worksite translation of the Diabetes Prevention Program. Oral presentation at the 142nd American Public Health Association Annual Meeting, New Orleans, Louisiana.
 20. Zuercher, H., **Padilla, H. M.**, Wilson, M. G., & DeJoy, D. M. (2014) Lessons learned from telephone-based health coaching in the worksite. Oral presentation at the 142nd American Public Health Association Annual Meeting, New Orleans, Louisiana.
 19. Dills, S., **Padilla, H. M.**, DeJoy, D. M., & Wilson, M. G. (2014) Assessment of a workplace health promotion toolkit: One size does not fit all. Poster presentation at SOPHE 65th Annual Meeting, Baltimore, Maryland.
 18. **Padilla, H. M.**, Zuercher, H., Wilson, M. G., & DeJoy, D. M. (2013) Training health coaches to deliver a worksite translation of the Diabetes Prevention Program. Oral presentation at the 141st American Public Health Association Annual Meeting, Boston, Massachusetts
 17. **Padilla, H. M.** (2013). Worksite Health Promotion: Current Status, New Directions, and Future Opportunities. Effective strategies for behavior change. Oral presentation at the State of Public Health Conference, Athens, GA.
 16. DeJoy, D. M., Grigsby, A., Wilson, M. & **Padilla, H. M.** (2012) Health at work: The growth, development, and status of worksite health promotion. Oral presentation at the American Public Health Association 140th Annual Meeting, San Francisco, CA.
 15. **Padilla, H. M.**, Wilson, M. G., DeJoy, D. M., Brace, A. M., & Vandenberg, R. J. (2012) Process evaluation findings from FUEL Your Life: A worksite translation of the Diabetes Prevention Program. Oral presentation at the American Public Health Association 140th Annual Meeting, San Francisco, CA.
 14. DeJoy, D. M., **Padilla, H. M.**, Wilson, M. G., Vandenberg, R. J., & Davis, M. A. (2012). Worksite translation of the Diabetes Prevention Program: Formative and pilot study results. Oral presentation at the 12th International Congress of Behavioral Medicine, Budapest, Hungary.
 13. Wilson, M. G., DeJoy, D. M., **Padilla, H. M.**, Davis, M., Vandenberg, R. J., & Eldredge, C. (2011). Effectiveness of a worksite diabetes prevention program: Results of Fuel Your Life. Oral presentation at the American Public Health Association 139th Annual Meeting, Washington, DC.
 12. Wilson, M. G., **Padilla, H. M.**, DeJoy, D. M., Vandenberg, R. J., & Eldredge, C. (2011). Being healthy is hard work: Worksite translation of DPP. Oral presentation at the 4th Annual NIH Conference on the Science of Dissemination and Implementation: Policy and Practice, Washington, DC.
 11. **Bowen, H. M.**, Wilson, M. G., Bynum, B. H., Davis, M., DeJoy, D. M., & Vandenberg, R. J. (2010). Translating the Diabetes Prevention Program to worksites: Results from a pilot study. Oral presentation at the American Public Health Association 138th Annual Meeting, Denver, CO.
 10. Wilson, M. G., DeJoy, D. M., **Bowen, H. M.**, Davis, M., Bynum, B., & Vandenberg, R. J. (2010). Fuel Your Life: Results from a worksite Diabetes Prevention Program. Oral presentation at the American Public Health Association 138th Annual Meeting, Denver, CO.
 9. Parker, K. M., **Bowen, H. M.**, DeJoy, D. M., Shearry, D., Wilson, M. G., & Goetzel, R. Z. (2010). Effects of an individual-based weight loss intervention concurrent to an environmental intervention in a work setting. American Public Health Association 138th Annual Meeting, Denver, CO.

8. **Bowen, H. M.**, DeJoy, D. M., Wilson, M. G., Goetzel, R. Z., Roemer, E. C., & Ozminkowski, R. J. (2009). Lessons learned from a worksite environmental obesity prevention intervention. Oral presentation at the American Public Health Association 137th Annual Meeting, Philadelphia, PA.
7. Wilson, M. G., **Bowen, H. M.**, Davis, M., DeJoy, D. M., Baker, K. M., Bynum, B., & Vandenberg, R. J. (2009). FUEL Your Life: Pilot study of a worksite diabetes prevention program. Oral presentation at the American Public Health Association 137th Annual Meeting, Philadelphia, PA.
6. DeJoy, D. M., **Bowen, H. M.**, Baker, K. M., Bynum, B. H., Wilson, M. G., Goetzel, R. Z., & Dishman, R. K. (2009). Management support and worksite health promotion program effectiveness. Oral presentation at the 13th International Conference on Human-Computer Interaction, San Diego, CA.
5. Wilson, M. G., Davis, M., DeJoy, D. M., **Bowen, H.**, Baker, K., Bynum, B. & Vandenberg, R. J. (2009). FUEL Your Life: Formative research for a worksite diabetes prevention program. Oral presentation at the CDC Diabetes Translation Conference, Long Beach, CA.
4. **Bowen H.**, DeJoy D. M., Wilson M. G., Goetzel R. Z., Chung-Roemer E. & Ozminkowski R. J. (2008). Modifying the worksite environment to support individual behavior change. Oral presentation at the American Public Health Association 136th Annual Meeting, San Diego, CA.
3. DeJoy D. M., Wilson M. G., Goetzel R. Z., Ozminkowski R. J., Baker K., **Bowen H.**, Christaldi J. & Wang S. (2008). Use of an environmental assessment tool to measure organizational physical and social support for worksite obesity prevention programs. Oral presentation at the American Public Health Association 136th Annual Meeting, San Diego, CA.
2. Christaldi J., **Bowen H.**, Baker K., DeJoy D. M., Wilson M. G., Goetzel R. Z. & Ozminkowski R. J. (2008). Employee perceptions of an environmental obesity management program. Poster presentation at the American Public Health Association 136th Annual Meeting, San Diego, CA.
1. Goetzel, R. Z., DeJoy, D. M., Wilson, M. G., Ozminkowski, R. J., Roemer, E. C., White, J. M., Tully, K. J., Billotti, G. M., Baase, C. M., **Bowen, H.**, Mitchell, S. G., Wang, S., Tabrizi, M. J., Bowen, J. D., Short, M., Liss-Levinson, R. C., Christaldi, J., & Baker, K. (2007). Environmental approaches to obesity prevention and management at The Dow Chemical Company: Second year results. Oral presentation at the American Heart Association Annual Scientific Sessions, Orlando, FL.

Select Technical Reports

10. **Padilla, H.** & Ralston, L. (September 27, 2024) Georgia Highway Safety Programs Evaluation Preliminary Rural Roads Evaluation - Clay County. Governor's Office of Highway Safety, Atlanta, Georgia.
9. Wright, A., Ralston, L., & **Padilla, H.** (September 25, 2023). Georgia Highway Safety Programs Evaluation 2023 Preliminary Fatality Report. Governor's Office of Highway Safety, Atlanta, Georgia.
8. Ralston, L. & **Padilla, H.** (April 26, 2024). Georgia Highway Safety Programs Evaluation FFY 2024 Preliminary Performance Report. Governor's Office of Highway Safety, Atlanta, Georgia.
7. Ralston, L. & **Padilla, H.** (February 26, 2024). Georgia Highway Safety Programs Evaluation FFY 2022 Final Evaluation Report. Governor's Office of Highway Safety, Atlanta, Georgia.
6. **Padilla, H.** & Kasha A. (September 30, 2023) Georgia Highway Safety Programs Evaluation Preliminary Rural Roads Evaluation - Calhoun County. Governor's Office of Highway Safety, Atlanta, Georgia.
5. Kasha, A. & **Padilla, H.** (September 28, 2023). Georgia Highway Safety Programs Evaluation 2022 Preliminary Fatality Report. Governor's Office of Highway Safety, Atlanta, Georgia.

4. **Padilla, H.** & Kasha A. (September 30, 2022) Georgia Highway Safety Programs Evaluation Preliminary Rural Roads Evaluation- Stewart County. Governor's Office of Highway Safety, Atlanta, Georgia
3. Kasha, A., & **Padilla, H.** (September 30, 2022). Georgia Highway Safety Programs Evaluation 2021 Preliminary Fatality Report. Governor's Office of Highway Safety, Atlanta, Georgia.
2. Thapa, J., Chiang, K., **Padilla, H.**, Redman, M. G., McFarlane, S., Muilenburg, J. (December 5, 2021). Mental Health among College Students and X2 Chatbot "Tess" Intervention Final Report. Resilient Georgia, Inc., Atlanta, Georgia.
1. **Padilla, H.**, Gaillard, J., Loedding, E., & Beard, S. (January 2021). 2020 Evaluation of the Georgia Department of Public Health Employee Health and Wellness Report. Georgia Department of Public Health, Atlanta, Georgia.

Manuscripts Under Review

McCardel, R. *, Callands, T., Thapa, J., Swartzendruber, A., & **Padilla, H.** Experiences with accessing workplace resources and perceptions of social support among first-time mothers in Georgia: A Mixed Methods study Submitted to *Maternal and Child Health Journal*.

Manuscripts in Development

Padilla, H. Warnock, A., Sengson, S., Dietrich, S., Kasha, A., & Garner, C. Rural roads: A community perspective.

Padilla, H., McCardel, R., Warnock, A., Berg, A., Longenecker, D., Lamm, A. The relationship of social determinants of health and health status in a rural Georgia population.

Grants and Contracts Awarded

Agency	Title	Role (PI)	Total Cost	Project Period
Governor's Office of Highway Safety	2025 Georgia Highway Safety Programs Evaluation	PI	\$251,995	10/1/24-9/30/25
Centers for Disease Control and Prevention	Healthier Together: High Obesity Program in Georgia (Year 2 of 5)	PI	\$804,000	9/30/24-9/29/25
Governor's Office of Highway Safety	2024 Georgia Highway Safety Programs Evaluation	PI	\$230,666	10/1/23-9/30/24
Centers for Disease Control and Prevention	Healthier Together: High Obesity Program in Georgia (Year 1 of 5)	PI	\$804,000	9/30/23-9/29/24
Governor's Office of Highway Safety	2023 Georgia Highway Safety Programs Evaluation	PI	\$189,870	10/1/22-9/30/23
Centers for Disease Control and Prevention	Healthier Together: High Obesity Program in Georgia	PI	\$1,003,777	9/30/22-9/29/23
US Dept of Health & Human Services	Evaluation of the Advancing Health Literacy to Enhance Equitable Community Response to COVID-19	Co-I	\$336,150	7/1/22-6/30/23
UGA Public Service and Outreach	Rural Engagement Workshop for Academic Faculty Seed Grant	PI	\$8,868	7/1/22-6/30/23
University System of Georgia	Evaluation of the University System of Georgia Mental Health Initiative University System of Georgia	PI	\$40,000	1/1/22-12/31/22
Centers for Disease Control	Healthier Together: High Obesity Program in Georgia	Co-I (Yr 4) PI: Marsha	\$905,777	9/30/21-9/29/22

		Davis		
Governor's Office of Highway Safety	2022 Georgia Highway Safety Programs Evaluation	PI	\$175,005	10/1/21-9/30/22
Georgia Trauma Care Network	Georgia Trauma Commission Region 10 Regional Trauma Advisory Committee	PI	\$40,546	8/1/21-6/30/22
Georgia Trauma Care Network	Georgia Trauma Commission Region 10 Regional Trauma Advisory Committee	PI	\$40,546	8/1/20-6/30/22
University System of Georgia	Mental Health Initiative Evaluation	PI	\$40,000	9/23/21-12/31/22
Resilient Georgia, Inc.	Using artificial intelligence to improve mental health in college students	Co-I PI: Janani Thapa	\$150,000	8/1/2020-9/30/21
Governor's Office of Highway Safety	2021 Georgia Highway Safety Programs Evaluation	PI	\$223,447	10/1/20-9/30/21
Georgia Department of Public Health	Worksite wellness programs and health climate evaluation	PI	\$31,747	10/1/2019-9/30/2021
Clinical Translational Research Unit, University of Georgia	Pilot study on technology-enhanced health coaching intervention for low-income patients with multiple chronic conditions	Co-I PI: Janani Thapa	\$40,000	7/1/2019-6/30/2020
NIH/NHLBI Project ID: 1R01HL122330	Putting CDSMP to work: Implementation of the Live Healthy, Work Healthy program	Research scientist PI: Mark Wilson & Matthew Smith	\$3,236,343	3/15/2014-2/28/2020
University of Georgia Archway Partnership	Evaluation of costs and employee satisfaction with employee health programs	PI	\$19,012	1/1/2019-12/31/2020
Georgia Department of Public health	Worksite health promotion evaluation	PI	\$44,518	10/1/2017-9/30/2018

Select Media Coverage

Why are American Drivers So Deadly? The New York Times Magazine (2024, January).

https://www.nytimes.com/2024/01/10/magazine/dangerous-driving.html?unlocked_article_code=1.M00.TfSB.C9h6kWXoVweG&smid=url-share

Advice for implementing workplace wellness policies, UGA Today (2021, March).

<https://news.uga.edu/advice-for-implementing-workplace-wellness-policies/>

Women still face barriers to breastfeed at work, UGA Today (2020, January).

<https://news.uga.edu/women-face-barriers-breastfeed-at-work/>

Women still face barriers to breastfeed at work, Study finds gaps in quality, accessibility of breastfeeding resources, Science Daily (2020, January).

<https://www.sciencedaily.com/releases/2020/01/200122080556.htm>

Study links work burnout and weight gain, UGA Today (2019, June). <https://research.uga.edu/news/study-links-work-burnout-and-weight-gain/>

Job demands, burnout tied to weight gain, HealthDay (2019, June).

<https://medicalxpress.com/news/2019-06-job-demands-burnout-tied-weight.html>

UGA study links job stress, weight gain, WGAU Radio (2019, June).
<https://www.wgauradio.com/news/local/uga-study-links-job-stress-weight-gain/zyObjCAmDAN7zTVYRbx0iO/>

Public Service

Integration of Public Health Research, Instruction, and Service: Invited presentations to Governmental and Nongovernmental agencies

Rural Road Peer Safety Exchange, United States Department of Transportation. September 17-18, 2024.

Rural Seat Belt Use – Road Evaluation Tool, Occupant Protection Boot Camp, National Highway Traffic Safety Administration Region 4 and 5, April 27, 2023

Homelessness and Public Health, University of Georgia College of Public Health, April 5, 2023 (moderator)

Community and Workplace Health and Wellness for Government Officials, Association of County Commissioners of Georgia, October 4, 2019

Burnout and health, Epsilon Sigma Phi – Alpha Beta Chapter Annual Meeting, September 5, 2019, Athens, GA

Creating a Culture of Health in the Workplace, Department of Public Health SNAP-Ed Conference, August 13, 2019, Atlanta, GA

Creating a Healthy Workplace for the Best You and Everyone Else, Too! UGA 2019 Family and Consumer Sciences Program Development Conference, January 15, 2019, Athens, GA

Health Behavior Among Working Adults. UGA Foods and Nutrition Department Seminar Series, August 22, 2018. Athens, GA.

Service to local community organizations

April 13, 2023	Fresh Expressions/Bridging Faith Gaps
2023	Adult Leader, 4-H Cloverleaf Camp at Rock Eagle
2022	Adult Leader, 4-H Cloverleaf Camp at Rock Eagle
2022	Fall Festival Committee, Co-Chair, Saint Joseph Catholic Parish School
2021	Fall Festival Committee, Chair, Saint Joseph Catholic Parish School
2020	Spring Community Event, Chair, Saint Joseph Catholic Parish School
2019	Youth Soccer Coach, Athens First United Methodist Church
2018-2019	Home & School Association, President, Saint Joseph Catholic Parish School
2017-2018	Home & School Association, President, Saint Joseph Catholic Parish School

Professional Service

Grant Reviewer: Preventative Health Block Grants

Ad Hoc Reviewer - Journals: Health Promotion International, Health Education and Behavior, International Journal of Environmental Research and Public Health, Translational Behavioral Medicine, Journal of Occupational and Environmental Medicine, American Journal of Health Promotion, Frontiers in Public Health, Obesity

Ad Hoc Reviewer - Annual Meeting/Conference Abstracts: Work, Stress, Health Conference 2021; Work, Stress, and Health 2019; Society of Behavioral Medicine 2018 Annual Meeting; Society of Behavioral Medicine 2017 Annual Meeting; American Public Health Association 2017 Annual Meeting and Exposition;

Professional Memberships: Society of Behavioral Medicine, American Public Health Association, Society for Public Health Education, Georgia Society of Public Health Education

Service to Professional Organizations

Year	Organization	Role
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2023-2024	Governor's Office of Highway Safety	Young Adult Task Team	
2022-2023	Governor's Office of Highway Safety	55+ Driver Safety Task Team	
2022-2023	Governor's Office of Highway Safety	Crash Outcomes Data Evaluation System (CODES)	
2022	Georgia CTSA Community Grant Writing Academy hosted through the Georgia CTSA Community Engagement Core	Grant Reviewer	
2022	Obesity Initiative Research Symposium	Competition Judge	
2021-2023	Georgia Society of Public Health Education	Treasurer	
2019-2021	Georgia Society for Public Health Education	Advisory Board	
Service on departmental, college and university committees			
Year	Reach	Committee	Role
2024-present	University	Vulnerable Road Users Working Group	Member
2024-present	Department	HPB Faculty Engagement Committee	Member
2024	College	Search Committee Member for Dean's Executive Assistant	Member
2023	College	Ad Hoc Committee Review of Promotion and Tenure Guidelines Alignment with Faculty Evaluation Criteria	Member
2020 - 2024	College	CPH Faculty Advisory Council	Member
2021-2023	College	Program and Economic Evaluation Workgroup	Co-chair
2019 - 2023	Department	Health Promotion and Behavior Research Committee	Member
2023- 2024	College	Health Policy and Management Tenure Track Faculty Search Committee	Member
2023-2024	Department	Administrative Assistant Search	Member
2021-2023	College	Graduate Education Committee	Member Chair (2022-2023)
2020-2023	University	Total Rewards Steering Committee Well-being Subcommittee	Member
2019-2023	College	State of Public's Health Conference Planning Committee	Member
2023	Department	Health Promotion and Behavior Tenure Track Faculty Search Committee	Member
2022	College	Health Policy and Management Tenure Track Faculty Search Committee	Member
2022	College	Department Head of Health Promotion and Behavior Search Committee	Member

2022	University	Well-being Vendor RFP Evaluation Committee	Member
2021	College	Department Head of Health Promotion and Behavior Search Committee	Member
2019-2020	College	2020-2025 Strategic Planning Committee	Member
2019-2020	College	Brand Excavation Team	Member
2018	Department	Undergraduate Program Coordinator, Clinical Assistant Professor Search Committee	Member
2017	University	Well-being Vendor RFP Evaluation Committee	Member