

Heather M. Padilla, PhD, RDN, LD

Director, Workplace Health Group
Director, Traffic Safety Research and Evaluation Group

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Academic History

Present rank: Assistant Professor

Allocation of effort (% time) assignments: 50% Teaching, 45% Research, 5% Service

Tenure status: Tenure Track

Graduate faculty status: January 2018

Education

2017	PhD, Public Health Education and Promotion	University of Georgia
2002	MS, Human Nutrition	University of Georgia
2000	BSFCS, Dietetics	University of Georgia

Certifications and Licensure

2003-present	Registered Dietitian Nutritionist	Commission on Dietetic Registration
2003-present	Licensed Dietitian	State of Georgia

Academic Appointments

2018-present	Assistant Professor, Department of Health Promotion and Behavior	University of Georgia
2017	Assistant Research Scientist, Department of Health Promotion and Behavior	University of Georgia

Research and Professional Experience

2011-2017	Research Director, Workplace Health Group	University of Georgia
2006-2011	Project Coordinator, Workplace Health Group	University of Georgia
2008-2010	Clinical Dietitian	Landmark Hospital, Athens, GA
2007-2009	Clinical Dietitian	Walton Regional Medical Center, Monroe, GA
2005-2006	Lead Clinical Dietitian	Regency Hospital of Greenville, Greenville, SC
2003-2005	Clinical Dietitian	Elbert Memorial Hospital, Elberton, GA

Instruction			
Courses taught (808 hours generated):			
Course number(s)	Title	Semesters Taught	Enrollment/Credit Hours
Doctoral Level Courses: 202 hours generated			
HPAM 9300	Doctoral Dissertation	Spring 2022 Fall 2021 Summer 2021	3/12.0
HPRB 9300	Doctoral Dissertation	Spring 2023 Fall 2022 Summer 2022 Spring 2022 Fall 2021	7/46.0
HPRB 9005	Doctoral Graduate Student Seminar	Fall 2022 Summer 2022 Fall 2021	3/9.0
HPRB 9000	Doctoral Research	Spring 2023 Fall 2022 Summer 2022 Spring 2022 Fall 2021 Summer 2021 Spring 2021 Fall 2020 Summer 2020 Spring 2020	17/117.0
HPRB 8000	Directed Study in Health Promotion and Behavior	Spring 2023 Spring 2021 Fall 2020 Spring 2020	5/18.0
Master Level Courses: 561 hours generated			
PBHL 7800	Capstone Project in Public Health	Spring 2021 Summer 2020 Spring 2020 Fall 2018	6/18.0
PBHL 7560	Applied Practice and Integrative Learning Experience in Public Health	Spring 2023 Fall 2022 Summer 2022 Spring 2022 Fall 2021 Spring 2021	7/36.0
PBHL 7560	Internship in Public Health	Summer 2020 Spring 2020	4/24.0
HPRB 7000	Master's Research	Summer 2022 Spring 2022 Fall 2021 Summer 2021 Spring 2021 Fall 2020 Summer 2020	20/93.0

		Spring 2020 Fall 2019 Summer 2019 Spring 2019 Fall 2018	
HPRB 7470	Program Evaluation in Health Promotion and Health Education	Fall 2022 Fall 2021 Fall 2020 Fall 2019 Fall 2018 Fall 2017	110/330.0
HPRB/FDNS/KINS 7600	Public Health Physical Activity and Nutrition Interventions	Fall 2019	15/60.0
Undergraduate Level Courses: 45 hours generated			
HPRB 4970R	Faculty-Mentored Undergraduate Research II	Fall 2022	1/2.0
HPRB 4960R	Faculty-Mentored Undergraduate Research I	Spring 2021	1/3.0
HPRB 4960	Health Promotion Undergraduate Research	Fall 2021 Fall 2019 Spring 2018 Fall 2017	4/10.0
HPRB 3100	Introduction to Behavioral Medicine	Spring 2021	10/30.0
Courses Taught for Faculty on Parental Leave (not as Instructor of Record)			
Chronic Disease Prevention (HPRB 3850) Role: Co-instructor – Weeks 1-8			Spring 2018
Health Promotion Program Development (HPRB 4400) Role: Co-instructor – Weeks 1-8			Spring 2018
Capstone in HPB (HPRB 5900) Role: Co-instructor – Weeks 8-12			Spring 2018
Invited Guest lectures			
Evaluation in Public Health (FDNS 8000)			Fall 2022
Behavioral Medicine Interventions in Worksite Settings Introduction to Behavioral Medicine (HPRB 3100) Department of Health Promotion and Behavior, University of Georgia			Spring 2017 Spring 2019
Health in the Workplace Community Health (HPRB 3700) Department of Health Promotion and Behavior, University of Georgia			Fall 2012 Spring, Fall 2013 Spring, Fall 2014 Spring, Fall 2015 Spring, Fall 2016 Spring, Fall 2017 Spring, Fall 2018 Spring, Fall 2019 Spring 2020
Women at Work Issues in Women's Health (HPRB 3150) Department of Health Promotion and Behavior, University of Georgia			Fall 2015 Spring 2016

Supervision of Graduate Students				
Student name	Degree objective	Graduation Date	Current Placement	Role
Doctoral students				
Farrah Williams	DrPH	Spring 2022	Emory University	Major Professor
Anita Reina	PhD, Health Promotion and Behavior	Summer 2022	UGA College of Public Health Post-Doctoral	Co-Major Professor
Rachel McCardel	PhD, Health Promotion and Behavior	Spring 2023	UGA College of Public Health	Major Professor
Alexis Carraway	PhD, Health Promotion and Behavior	Spring 2024	UGA College of Public Health	Major Professor
Emily Loedding	PhD, Health Promotion and Behavior	Spring 2024	UGA College of Public Health	Major Professor
Tonia Ruddock	PhD, Epidemiology	Summer 2023	UGA College of Public Health	Doctoral Advisory Committee
Kathryn Chiang	PhD, Health Promotion and Behavior	Spring 2024	UGA College of Public Health	Doctoral Advisory Committee
Katherine Ingerson	PhD, Nutrition Science	Summer 2023	UGA College of Family and Consumer Sciences	Doctoral Advisory Committee
Kendra Driver	PhD, Health Promotion and Behavior	Summer 2023	UGA College of Public Health	Doctoral Advisory Committee
Lindsay White	PhD, Health Promotion and Behavior	Summer 2023	UGA College of Public Health	Doctoral Advisory Committee
Jared Jashinsky	PhD, Health Promotion and Behavior	Spring 2019	Surveillance Manager, Florida Health	Doctoral Advisory Committee
MPH Capstone Supervision				
Student name	Degree objective	Graduation Date	Current Placement	Role
Rachel McCardel	MPH	Summer 2020	Doctoral Candidate, UGA College of Public Health	Capstone advisor
Jasmine Gaillard	MPH	Spring 2021	Evaluation Fellowship, CDC	Capstone advisor
Sarah Eller	MPH	Spring 2020	Account Executive, BlazerWorks	Capstone advisor
Julia Hennig	MPH	Spring 2020	Health and Safety Director, PERI	Capstone advisor
Ciara Long	MPH	Spring 2020	Research Assistant, KDH Research and Communications, Inc.	Capstone advisor
Devon Brown	MPH/MSW	December 2018	Consultant, John Snow, Inc.	Capstone advisor

Undergraduate Student Research including CURO or Departmental Research Courses				
Sritha Donepudi	BS	Spring 2023	Undergraduate student, UGA College of Public Health	CURO advisor, Undergraduate research instructor
Emily Loedding	BS	Spring 2020	Doctoral student, UGA College of Public Health	CURO advisor, Undergraduate research instructor
Rachel McCardel	BS	Summer 2018	Doctoral Candidate, UGA College of Public Health	CURO advisor, Undergraduate research instructor
Charlotte Tippett	BS	Summer 2018	Physician Assistant, Children's Healthcare of Atlanta	Undergraduate research instructor

Recognition and Outstanding Achievements

Delta Omega Honorary Society in Public Health Beta Chi Chapter
 Phi Upsilon Omicron
 Golden Key National Honor Society
 Gamma Sigma Delta
 2022 Rural Engagement Workshop for Academic Faculty
 Nominated for CPH Service Award 2022
 American Journal of Health Promotion 2021 Paper of the Year for Translating CDSMP to the Workplace: Results of the Live Healthy Work Healthy Program
 2021 Pre-Seed Team Award: Systems Approach for Sustainable Strategies to Prevent Chronic Disease Innovation Bootcamp Spring 2020 Cohort
 Student Career Success Influencer Award 2022
 Named by a graduate of Classes of 2019, 2020, 2021 as a person who contributed to Career Development and Success in UGA Career Outcomes Survey
 2017 Citation Abstract Winner, Society of Behavioral Medicine
 2017 Meritorious Abstract Winner, Society of Behavioral Medicine
 2016 Graduate Study Abstract Award for Outstanding Research in Pain or Palliative Care, Society of Behavioral Medicine Pain Special Interest Group
 2016 Student Abstract Award, Society of Behavioral Medicine, Student Special Interest Group

Select Professional Development

Dates	Activity	Location
January 14, 2022	Basic Life Support Certification	Wright Hall
Fall 2021	DNPAO/SOPHE Writing for Publication Workshop	Virtual
November 19, 2021	Public Health Pathways: Deepening Dialogues in Diversity	Virtual
September 24, 2021	Public Health Pathways: Countering Unconscious Bias	Virtual
September 22-23, 2021	Writing Winning K-Award Proposals	Virtual
April 9, 2021	Public Health Pathways: Organizational Excellence Through Diversity	Virtual

February 12, 2021	Public Health Pathways: Diversity at UGA: Beyond the Numbers	Virtual
Summer 2020	Inaugural Faculty Learning Community of the College of Public Health	Virtual

Scholarly Activities

**indicates a mentored student co-author*

Note: In my field, first author is responsible for study oversight and primary responsibility for drafting the manuscript; the last author position is the senior authorship position, usually designated for the PI

Peer-Reviewed Journal Articles

29. Berg, A. C., **Padilla, H. M.**, Sanders, C. E.*, Garner, C. T., Southall, H. G., Holmes, G., Ashley, S., Crosson, L., Twilley, B., Everson, D. D., Hubbard, R., Brown, C. S., Lamm, A. J., Johnson, L. P., & Davis, M. (2023). Community Gardens: A Catalyst for Community Change. *Health Promotion Practice*, 24(1_suppl), 92S-107S. doi:[10.1177/15248399221120808](https://doi.org/10.1177/15248399221120808)
28. McCardel, R. E. *, Loedding, E. H. *, & **Padilla, H. M.** (2022). Examining the Relationship Between Return to Work After Giving Birth and Maternal Mental Health: A Systematic Review. *Maternal and Child Health Journal*, 26(9), 1917-1943. doi:[10.1007/s10995-022-03489-0](https://doi.org/10.1007/s10995-022-03489-0)
27. Haynes, N. J. *, Vandenberg, R. J., Wilson, M. G, DeJoy, D. M., **Padilla, H. M.**, & Smith, M. L. (2021). Evaluating the Impact of The Live Healthy, Work Healthy Program on Organizational Outcomes: A Randomized Field Experiment. *Journal of Applied Psychology*, 107(10), 1758-1780. doi:[10.1037/apl0000977](https://doi.org/10.1037/apl0000977)
26. Fonzi, V., Thapa, K., Luitel, K., **Padilla, H.**, Harris, C., Khan, M. M., Nowak, G., & Rajbhandari-Thapa, J. (2021). Using Influenza Vaccination Location Data from the 2018 Behavioral Risk Factor Surveillance System (BRFSS) to Expand COVID-19 Vaccination Coverage. *International Journal of Environmental Research and Public*, 18(15), 7753. doi:[10.3390/ijerph18157753](https://doi.org/10.3390/ijerph18157753)
25. **Padilla, H. M.**, Zuercher, H., Robertson, M., DeJoy, D. M., Wilson, M., Vandenberg, R. J., & Corso, P. S. (2021). Reach, uptake, and satisfaction of three delivery modes of *FUEL Your Life*. *Health Promotion Practice*, 22(3), 415-422. doi:[10.1177/1524839919869921.31448635](https://doi.org/10.1177/1524839919869921.31448635).
24. **Padilla, H. M.**, Wilson, M., Vandenberg, R. J., Davis, M., & Clark, M. A. (2021). Health behavior among working adults: Workload and exhaustion are associated with nutrition and physical activity behaviors that lead to weight gain. *Journal of Health Psychology*, 26(6), 892-904. doi:[10.1177/1359105319851205](https://doi.org/10.1177/1359105319851205).
23. McCardel, R. E. *, Loedding, E. H. *, & **Padilla, H. M.** (2021). Examining the Implementation of Physical Activity and Healthy Eating Policies in a Large, Public Health Organization. *Journal of Occupational & Environmental Medicine*, 63(1), e26-e31. doi:[10.1097/jom.0000000000002079](https://doi.org/10.1097/jom.0000000000002079)
22. Wilson, M., DeJoy, D. M., Vandenberg, R. J., Padilla, H. M., Haynes, N. J., Zuercher, H., Corso, P. S., Lorig, K., & Smith, M. R. (2021). Translating CDSMP to the Workplace: Results of the Live Healthy Work Healthy Program. *American Journal of Health Promotion*, 35(4), 491–502. doi:[10.1177/0890117120968031](https://doi.org/10.1177/0890117120968031)
21. McCardel, R. E. *, & **Padilla, H. M.** (2020). Assessing workplace breastfeeding support among working mothers in the United States. *Workplace Health and Safety*, 68(4), 182-189. doi:[10.1177/2165079919890358](https://doi.org/10.1177/2165079919890358)

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20. Rajbhandari-Thapa, J., Zhang, D., **Padilla, H. M.**, & Chung, S. R. (2019). Opioid-related hospitalization and its association with chronic disease: Findings from the National Inpatient Sample, 2011-2015. *Preventing Chronic Disease*, 16. doi:[10.5888/pcd16.190169](https://doi.org/10.5888/pcd16.190169)
 19. Wilson, M. G., **Padilla, H. M.**, Meng, L., & Daniel, C. N. (2019). Impact of a workplace holiday weight gain prevention program. *Nutrition and Health*, 25(3), 173-177. doi:[10.1177/0260106019854916](https://doi.org/10.1177/0260106019854916)
 18. Haynes, N. J.*, Vandenberg, R. J., DeJoy, D. M., Wilson, M. G., **Padilla, H. M.**, Zuercher, H. S., & Robertson, M. M. (2019). The Workplace Health Group: A Case Study of 20 Years of Multidisciplinary Research. *American Psychologist*, 74(3), 380-393. doi:[10.1037/amp0000445](https://doi.org/10.1037/amp0000445)
 17. Smith, M. L., Wilson, M. G., Robertson, M. M., **Padilla, H. M.**, Zuercher, H., Vandenberg, R., Corso, P., Lorig, K., Laurent, D. D., & DeJoy, D. M. (2018). Impact of a translated disease self-management program on employee health and productivity: Six-month findings from a randomized controlled trial. *International Journal of Environmental Research and Public Health*, 15(5), 851. doi:[10.3390/ijerph15050851](https://doi.org/10.3390/ijerph15050851)
 16. Corso, P. S., Ingels, J. B., **Padilla, H. M.**, Zuercher, H., DeJoy, D. M., Vandenberg, R. J., & Wilson, M. G. (2018). Cost effectiveness of a weight management program implemented in the worksite translation of Fuel Your Life. *Journal of Occupational and Environmental Medicine*, 60(8): 683-687. doi:[10.1097/JOM.0000000000001343](https://doi.org/10.1097/JOM.0000000000001343)
 15. Wilson, M. G., DeJoy, D. M., Vandenberg, R. J., Corso, P., **Padilla, H.**, & Zuercher, H. (2016). Effect of intensity and program delivery on the translation of DPP to worksites: A randomized controlled trial of Fuel Your Life. *Journal of Occupational and Environmental Medicine*, 58(11), 1113-1120. doi:[10.1097/JOM.0000000000000873](https://doi.org/10.1097/JOM.0000000000000873)
 14. Ingels, J. B., Walcott, R. L., Wilson, M. G., Corso, P. S., **Padilla, H. M.**, Zuercher, H., DeJoy, D. M., & Vandenberg, R. J. (2016). A prospective programmatic cost analysis of Fuel Your Life: A worksite translation of DPP. *Journal of Occupational and Environmental Medicine*, 58(11), 1106-1112. doi:[10.1097/JOM.0000000000000868](https://doi.org/10.1097/JOM.0000000000000868)
 13. Wilson, M. G., DeJoy, D. M., Vandenberg, R., **Padilla, H.**, & Davis, M. (2016). FUEL Your Life: A translation of the Diabetes Prevention Program to worksites. *American Journal of Health Promotion*, 30(3), 188-197. doi:[10.4278/ajhp.130411-QUAN-169](https://doi.org/10.4278/ajhp.130411-QUAN-169)
 12. Brace, A. M., **Padilla, H. M.**, DeJoy, D. M., Wilson, M. G., Vandenberg, R. J., & Davis, M. (2015). Applying RE-AIM to the evaluation of FUEL Your Life: A worksite translation of DPP. *Health Promotion Practice*, 16(1), 28-35. doi:[10.1177/1524839914539329](https://doi.org/10.1177/1524839914539329)
 11. DeJoy, D. M., Dyal, M. A., **Padilla, H. M.**, & Wilson, M. G. (2014). National Workplace Health Promotion surveys: The Affordable Care Act and future surveys. *American Journal of Health Promotion*, 28(3), 142-145. doi:[10.4278/ajhp.121212-CIT-602](https://doi.org/10.4278/ajhp.121212-CIT-602)
 10. Smith, M. L., Wilson, M. G., DeJoy, D. M., **Padilla, H.**, Zuercher, H., Corso, P., Vandenberg, R. J., Lorig, K., & Ory, M. G. (2014). Chronic disease self-management program in the workplace: Opportunities for health improvement. *Frontiers in Public Health Education and Promotion*, 2, 179. doi:[10.3389/fpubh.2014.00179](https://doi.org/10.3389/fpubh.2014.00179)
 9. DeJoy, D. M., **Padilla, H. M.**, Wilson, M. G., Vandenberg, R. J., & Davis, M. A. (2013). Worksite translation of the Diabetes Prevention Program: Formative research and pilot study results from FUEL Your Life. *Health Promotion Practice*, 14(4), 506-513. doi:[10.1177/1524839912461014](https://doi.org/10.1177/1524839912461014)
 8. DeJoy, D. M., Wilson, M. G., **Padilla, H. M.**, Goetzel, R. Z., Parker, K. B., Della, L. J., & Roemer, E. C. (2012). Process evaluation results from an environmentally focused worksite weight management study. *Health Education and Behavior*, 39(4), 405-418. doi:[10.1177/1090198111418109](https://doi.org/10.1177/1090198111418109)

7. DeJoy, D. M., Parker, K. M., **Padilla, H. M.**, Wilson, M. G., Roemer, E. C., & Goetzel, R. Z. (2011). Combining environmental and individual weight management interventions in a work setting: Results from the Dow Chemical study. *Journal of Occupational and Environmental Medicine*, 53(3), 245-252. doi:[10.1097/JOM.0b013e31820c9023](https://doi.org/10.1097/JOM.0b013e31820c9023)
6. Parker, K. B., DeJoy, D. M., Wilson, M. G., **Bowen, H. M.**, & Goetzel, R. Z. (2010). Application of the Environmental Assessment Tool (EAT) as a process measure for a worksite weight management intervention. *Journal of Occupational and Environmental Medicine*, 52(1), S42-S51. doi:[10.1097/JOM.0b013e3181ca3b37](https://doi.org/10.1097/JOM.0b013e3181ca3b37)
5. DeJoy, D. M., **Bowen, H. M.**, Baker, K. M., Bynum, B. H., Wilson, M. G., Goetzel, R. Z., & Dishman, R. K. (2009). Management support and worksite health promotion program effectiveness. In B.T. Karsh (Ed.). *Ergonomics and Health Aspects*. Springer-Verlag.
4. DeJoy, D. M., Wilson, M. G., Goetzel, R. Z., Ozminkowski, R. J., Wang, S., Baker, K. M., **Bowen, H.**, Tully, K. J. (2008). Development of the Environmental Assessment Tool (EAT) to measure organizational physical and social support for worksite obesity prevention programs. *Journal of Occupational and Environmental Medicine*, 50(2), 126-137. doi:[10.1097/JOM.0b013e318161b42a](https://doi.org/10.1097/JOM.0b013e318161b42a)
3. Harris, R. B. S., **Bowen, H. M.**, & Mitchell, T. D. (2003). Leptin resistance in mice is determined by gender and duration of exposure to high-fat diet. *Physiology and Behavior*, 78(4-5), 543-555. doi:[10.1016/S0031-9384\(03\)00035-0](https://doi.org/10.1016/S0031-9384(03)00035-0)
2. **Bowen, H.**, Mitchell, T. D., & Harris, R. B. S. (2003). Method of leptin dosing, strain, and group housing influence leptin sensitivity in high-fat-fed weanling mice. *American Journal of Physiology*, 284(1), R87-R100. doi:[10.1152/ajpregu.00431.2002](https://doi.org/10.1152/ajpregu.00431.2002)
1. **Bowen, H. M.**, Mitchell, T. D., & Harris, R. B. S. (2001). Development of central but not peripheral leptin resistance in high-fat fed mice. In *Obesity Research* Vol. 9 (pp. 110S).

Book Chapters

7. **Padilla, H. M.**, Roemer, E. C., McCardel, R. E. *, & DeJoy, D. M. (2022). The Workplace Food Environment. In C.E.L. Evans (Ed.). *Transforming Food Environments* (1st ed.) CRC Press doi:[10.1201/9781003043720](https://doi.org/10.1201/9781003043720)
6. Wilson, M. G., Smith, M. L., DeJoy, D. M., & **Padilla, H. M.** (2021). Self-management in the Workplace. In J. Frantz, L. Schopp, A. Rhoda (Eds.) *Self-Management in Chronic Illness* (pp. 143-161) Switzerland, Springer Nature doi:[10.1007/978-3-030-69736-5_10](https://doi.org/10.1007/978-3-030-69736-5_10)
5. Wilson, M. & **Padilla, H.** (2017) Weight management in US occupational settings. In *Oxford Bibliographies Online Datasets*. doi:[10.1093/OBO/9780199756797-0109](https://doi.org/10.1093/OBO/9780199756797-0109)
4. Wilson, M.G., Gay, J.L., DeJoy, D.M. & **Padilla, H.M.** (2015). Enhancing fitness and physical activity. In O'Donnell, M. (Ed.). *Health promotion in the workplace* (4th ed.) (pp. 439-466). Albany, NY: Delmar.
3. Wilson, M.G., Baker, K., DeJoy, D.M., **Bowen, H.M.**, & Davis, M. (2010). The employer's role in reducing health disparities through diabetes prevention and control. In L. Jack (Ed.). *Diabetes in Black America: Public health and clinical solutions to a national crisis* (pp. 373-395). Roscoe, IL: Hilton.
2. **Bowen, H.M.**, Smith, T.D., DeJoy, D.M., & Wilson, M.G. (2009). Health promotion programming in small, medium, and large size businesses. In N.P. Pronk (Ed.) *American College of Sports Medicine worksite health handbook* (2nd Ed.) (pp. 41-48). Champaign, IL: Human Kinetics.

1. Goetzel, R.Z., Bowen, J., Ozminkowski, R.J., Kassed, C., Roemer, E.C., Tabrizi, M.J., Short, M., Wang, S., Pei, X., **Bowen, H.M.**, DeJoy, D.M., Wilson, M.G., Baker, K., Tully, K., White, J.M., Bilotti, G.M., & Baase, C.M. (2009). Case study: Introducing environmental interventions at The Dow Chemical Company aimed at reducing overweight and obesity among workers. In N.P. Pronk (Ed.) *American College of Sports Medicine worksite health handbook* (2nd Ed.) (pp. 336-341). Champaign, IL: Human Kinetics.

Select Peer Reviewed Abstracts (with Conference Presentation)

55. Reina, A.M.*, Beer, J.M., Renzi-Hammond, L.M., Rogers, A.I., Harris, M.K., Datta, A., **Padilla, H.M.** (2022, November 6-9). *Developing and implementing the Mind Your Heart Workplace Wellness Program: a novel online mindful nutrition education program for full-time working adults*. Oral Presentation at American Public Health Association Annual Meeting in Boston, MA.
54. McCardel, R.* , Loedding, E.* , **Padilla, H.** (2022, October 11-14). *Examining the relationship between return to work after giving birth and maternal mental health: A systematic review*. Poster Presentation at International Symposium to Advance Total Worker Health® in Bethesda, Maryland.
53. Loedding, E.* , Donepudi, S.* , & **Padilla, H.** (2022, November 6-9). *Working Mothers Must Identify and Advocate for Resources Needed to Successfully Combine Work and Breastfeeding*. Oral Presentation at American Public Health Association Annual Meeting in Boston, MA.
52. Haynes, N.* , **Padilla, H.**, & Clark, M. (2022). *Heavy Work Investment Profiles and Their Relationship with Health Behaviors*. European Association of Work and Organizational Psychology Conference in Glasgow, UK.
51. Berg, A., **Padilla, H.**, Dobbins, C.* , Lamm, A., Garner, C.* , Southall, H., . . . Johnson, L. (2022, August 30-September 1). *Healthier Together Community Gardens: Reach, Integration, and Lessons Learned*. Poster presentation at the annual meeting of the Georgia Extension of Family and Consumer Sciences in Ellijay, GA.
50. Berg, A., Garner, C.* , **Padilla, H.**, Dobbins, C.* , Lamm, A., Southall, H., . . . Davis, M. (2022, April 22). *Healthier Together (HT): A university-community collaboration to create a healthier rural Georgia*. Poster presentation at the Trending Topics Outreach Presentations at the University of Georgia College of Family and Consumer Sciences in Athens, GA.
49. Sanders, C. E.* , Lamm, A. J., Berg, A. C., **Padilla, H. M.**, Gibson, K. E.* , Garner, C. T.* , Hubbard, R., Southall, H., Longenecker, D., Loedding, E., Marksoyan, T.* , Ashley, S., Johnson, L. P., & Davis, M. (2022, November 6-9). *Hybrid evaluation approaches for promoting equity in rural obesity interventions*. Roundtable discussion at American Public Health Association Annual Meeting in Boston, MA.
48. **Padilla, H.**, Kasha, A., & Garner, C.* (2022, October 27). *Rural Road Safety: More than Infrastructure*. Poster presentation at the State of Public's Health Conference in Athens, GA.
47. McCardel, R.* , **Padilla, H.** (2021, October 24-27). *An evaluation of fifty + fit: A worksite wellness program designed to increase physical activity among the aging workforce*. Online presentation at the American Public Health Association Annual Meeting and Expo in Denver, CO.
46. Gaillard, J.* , **Padilla, H.**, McCardel, R.* (2021, October 24-27). *Impact of the coronavirus pandemic on employee health and well-being at a large public health organization*. American Public Health Association Annual Meeting and Expo in Denver, CO.

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45. Wilson, M. G., DeJoy, D. M., Vandenberg, R. J., **Padilla, H. M.**, Haynes, N. J., Zuercher, H., Corso, P. S., Lorig, K., & Smith, M. L. (2020, June 8-10). *Six-month benefits from Workplace CDSMP participation among employees with chronic conditions*. Virtual oral presentation at the National Council on Aging Age+Action Conference in Dallas, TX.
 44. Ingerson, K., McDaniel, M., Renzi-Hammond, L., **Padilla, H.**, Thapa, J., Berg, A., & Cox, G. (2020). *The 'Healthy' Dining Hall: How Does Student Perception Influence Eating Behaviors and Perceived Healthiness of College Dining Halls?* Poster session presented at the meeting of Society of Nutrition Education and Behavior Annual Conference.
 43. **Padilla, H. M.**, Zuercher, H., Wilson, M. G., DeJoy, D. M., Vandenberg, R. J., Haynes, N., Smith, M. (2019, November 2-6). *Program satisfaction with a worksite translation of the Chronic Disease Self-Management Program*. Poster presentation at the American Public Health Association Meeting in Philadelphia, PA.
 42. **Padilla, H. M.**, McCardel, R.,* DeJoy, D. M., & Wilson, M. G. (2019, November 2-6). *Health inequities in access to worksite health promotion programs*. Roundtable presentation at the American Public Health Association Meeting in Philadelphia, PA.
 41. McCardel, R.,* **Padilla, H. M.**, & Daniel, C. (2019, November 2-6). *Perceived barriers and facilitators to implementing a workplace lactation policy in a complex organization with multiple worksites*. Oral presentation at the American Public Health Association Meeting in Philadelphia, PA.
 40. Haynes, N. J., **Padilla, H.**, DeJoy, D., Smith, M., Vandenberg, R. J., & Wilson, M. (2019, November). *Allostatic load as a mechanism explaining the link between job stress and employee attitudes and behaviors*. Oral presentation at the 13th International Conference on Occupational Stress and Health: Work, Stress, and Health Conference in Philadelphia, PA.
 39. Wilson, M., Zuercher, H., Robertson, M., **Padilla, H.**, DeJoy, D., Haynes, N., Vandenberg, R., Lorig, K. & Smith, M. (2019, November 2-6). *Do Work-life factors influence engagement in a worksite chronic disease self-management program?* Presented at American Public Health Association Meeting in Philadelphia, PA.
 38. Wilson, M., DeJoy, D., **Padilla, H.**, Vandenberg, R., Haynes, N., Zuercher, H., Corso, P., Lorig, K. & Smith, M. (2019, November 2-6). *Translating CDSMP for use in the workplace: Results of the Live Healthy, Work Healthy Trial*. Presented at American Public Health Association Meeting in Philadelphia, PA.
 37. **Padilla, H. M.**, Zuercher, H., Smith, M. L., DeJoy, D. M., & Wilson, M. G. (2019, March 27-29). *Translating the Chronic Disease Self-Management Program to Worksites: Understanding the bidirectional relationship between work and chronic disease*. Oral presentation at the Society for Public Health Education 70th Annual Conference in Salt Lake City, Utah.
 36. Smith, M. L., Wilson, M. G., Robertson, M. M., **Padilla, H. B.**, Zuercher, H., Vandenberg, R., Corso, P. S., Lorig, K., & DeJoy, D. M. (2018, November 14-18). *Impact of a disease self-management program on employee health and work performance: Introducing Workplace CDSMP*. Poster presentation at the Gerontological Society of America Annual Conference in Boston, MA.
 35. **Padilla, H. M.**, Wilson, M. G., Bien, M., Daniel, C. & Greene, C. (2017). *A holiday weight management program helps employees lose weight*. Oral presentation at the 38th Annual Meeting of the Society of Behavioral Medicine in San Diego, CA.
 34. **Padilla, H. M.**, Zuercher, H., Mitchell, M. DeJoy, D. M., & Wilson, M. G. (2017). *A comparison of reach, retention, uptake, and satisfaction between three delivery modes of FUEL Your Life*. Oral presentation at the 38th Annual Meeting of the Society of Behavioral Medicine in San Diego, CA.

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33. Zuercher, H., **Padilla, H. M.**, Bien, M., DeJoy, D. M., Smith, M. L., & Wilson, M. G. (2017). *If you build it, will they come? Lessons learned from recruiting participants for a chronic disease self-management program in small to medium worksites in rural Georgia*. Oral presentation at the American Public Health Association Annual Meeting in Atlanta, GA.
 32. Wilson, M. G., **Padilla, H. M.**, Meng, L., Bein, M., Daniel, C. & Greene, C. (2017). *Weight gain prevention in an employed adult population: Effectiveness of Holiday Survivor*. Presented at the World Congress on Nutrition and Obesity Source in Barcelona, Spain.
 31. Wilson, M. G., DeJoy, D. M., Vandenberg, R. J., Corso, P., **Padilla, H.**, Zuercher, H. and Mitchell, M. (2017). *The effectiveness of program delivery on the translation of DPP to a worksite setting: Implementation of Fuel Your Life*. Presentation at the Global Implementation Conference in Toronto, Canada.
 30. **Padilla, H. M.**, Wilson, M., Parr, E. & Gay, J. (2016). *Standing workstations increase occupational physical activity in public health workers*. Poster presentation at the 37th Annual Meeting of the Society of Behavioral Medicine in Washington, D.C.
 29. **Padilla, H. M.**, Wilson, M. G., DeJoy, D. M., Vandenberg, R., LoPilato, A., & Zuercher, H. (2015). *Predictors of success in a worksite weight management study*. Oral presentation at the 36th Annual Meeting of the Society of Behavioral Medicine in San Antonio, TX.
 28. Smith, M. L., Wilson, M. G., DeJoy, D. M., **Padilla, H. B.**, Zuercher H, Vandenberg, R., Corso, P. S., Lorig, K., & Ory, M. G. (2015). *Translating the Chronic Disease Self-Management Program (CDSMP) for use in the workplace: Stakeholders and processes*. Oral presentation at the American Public Health Association Annual Meeting in Chicago, IL.
 27. Zuercher, H. S., **Padilla, H. M.**, Wilson, M. G. & DeJoy, D. M. (2015). *Using motivational interviewing in a worksite translation of the Diabetes Prevention Program*. Oral presentation at the American Public Health Association Annual Meeting in Chicago, IL.
 26. Smith, M. L., Wilson, M. G., Zuercher, H., DeJoy, D. M., **Padilla, H. B.**, Vandenberg, R., Corso, P. S., Lorig, K., & Ory, M. G. (2015). *The role of trained facilitators in translating CDSMP for use in the workplace*. Poster presentation at the Gerontological Society of America Annual Conference in Orlando Florida.
 25. Meng, L., Smith, M. L., **Padilla, H. B.**, Zuercher, H., Robinson, K., Wilson, M. G., & DeJoy, D. M. (2015). *Factors associated with missing work among employed adults with chronic conditions*. Poster presentation at the Annual State of Public Health Conference in Athens, GA.
 24. Meng, L., Mattick, K. A., **Padilla, H. B.**, Wilson, M. G., DeJoy, D. M., & Smith, M. L. (2015). *A systematic literature review of workplace health interventions*. Poster presentation at the Annual State of Public Health Conference in Athens, GA.
 23. DeJoy, D. M., Wilson, M. G., **Padilla, H. M.**, Zuercher, H., Vandenberg, R., LoPilato, A., Ingels, J. B., & Mitchell, M. (2015). *Workplace translation of the diabetes prevention program*. Oral presentation at the 14th European Congress of Psychology in Milan, Italy.
 22. Wilson, M. G., **Padilla, H. M.**, LoPilato, A., Zuercher, H., DeJoy, D. & Vandenberg, R. (2014). *An examination of the relationship between work-related and leisure-time physical activity and the perception of work*. Oral presentation at the 5th International Congress on Physical Activity and Public Health in Rio de Janeiro, Brazil.
 21. Howard, T. M., Zuercher, H., **Padilla, H. M.**, Wilson, M. G., & DeJoy, D. M. (2014). *Group engagement influences participant outcomes in a worksite translation of the Diabetes Prevention Program*. Oral presentation at the 142nd American Public Health Association Annual Meeting in New Orleans, Louisiana.

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20. Zuercher, H., **Padilla, H. M.**, Wilson, M. G., & DeJoy, D. M. (2014). *Lessons learned from telephone-based health coaching in the worksite*. Oral presentation at the 142nd American Public Health Association Annual Meeting in New Orleans, Louisiana.
 19. Dills, S., **Padilla, H. M.**, DeJoy, D. M., & Wilson, M. G. (2014). *Assessment of a workplace health promotion toolkit: One size does not fit all*. Poster presentation at SOPHE 65th Annual Meeting in Baltimore, Maryland.
 18. **Padilla, H. M.**, Zuercher, H., Wilson, M. G., & DeJoy, D. M. (2013). *Training health coaches to deliver a worksite translation of the Diabetes Prevention Program*. Oral presentation at the 141st American Public Health Association Annual Meeting in Boston, Massachusetts
 17. **Padilla, H. M.** (2013). *Worksite Health Promotion: Current Status, New Directions, and Future Opportunities. Effective strategies for behavior change*. Oral presentation at the State of Public Health Conference in Athens, GA.
 16. DeJoy, D. M., Grigsby, A., Wilson, M. & **Padilla, H. M.** (2012). *Health at work: The growth, development, and status of worksite health promotion*. Oral presentation at the American Public Health Association 140th Annual Meeting in San Francisco, CA.
 15. **Padilla, H. M.**, Wilson, M. G., DeJoy, D. M., Brace, A. M., & Vandenberg, R. J. (2012). *Process evaluation findings from FUEL Your Life: A worksite translation of the Diabetes Prevention Program*. Oral presentation at the American Public Health Association 140th Annual Meeting in San Francisco, CA.
 14. DeJoy, D. M., **Padilla, H. M.**, Wilson, M. G., Vandenberg, R. J., & Davis, M. A. (2012). *Worksite translation of the Diabetes Prevention Program: Formative and pilot study results*. Oral presentation at the 12th International Congress of Behavioral Medicine in Budapest, Hungary.
 13. Wilson, M. G., DeJoy, D. M., **Padilla, H. M.**, Davis, M., Vandenberg, R. J., & Eldredge, C. (2011). *Effectiveness of a worksite diabetes prevention program: Results of Fuel Your Life*. Oral presentation at the American Public Health Association 139th Annual Meeting in Washington, DC.
 12. Wilson, M. G., **Padilla, H. M.**, DeJoy, D. M., Vandenberg, R. J., & Eldredge, C. (2011). *Being healthy is hard work: Worksite translation of DPP*. Oral presentation at the 4th Annual NIH Conference on the Science of Dissemination and Implementation: Policy and Practice in Washington, DC.
 11. **Bowen, H. M.**, Wilson, M. G., Bynum, B. H., Davis, M., DeJoy, D. M., & Vandenberg, R. J. (2010). *Translating the Diabetes Prevention Program to worksites: Results from a pilot study*. Oral presentation at the American Public Health Association 138th Annual Meeting in Denver, CO.
 10. Wilson, M. G., DeJoy, D. M., **Bowen, H. M.**, Davis, M., Bynum, B., & Vandenberg, R. J. (2010). *Fuel Your Life: Results from a worksite Diabetes Prevention Program*. Oral presentation at the American Public Health Association 138th Annual Meeting in Denver, CO.
 9. Parker, K. M., **Bowen, H. M.**, DeJoy, D. M., Shearry, D., Wilson, M. G., & Goetzel, R. Z. (2010). *Effects of an individual-based weight loss intervention concurrent to an environmental intervention in a work setting*. American Public Health Association 138th Annual Meeting in Denver, CO.
 8. **Bowen, H. M.**, DeJoy, D. M., Wilson, M. G., Goetzel, R. Z., Roemer, E. C., & Ozminkowski, R. J. (2009). *Lessons learned from a worksite environmental obesity prevention intervention*. Oral presentation at the American Public Health Association 137th Annual Meeting in Philadelphia, PA.

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7. Wilson, M. G., **Bowen, H. M.**, Davis, M., DeJoy, D. M., Baker, K. M., Bynum, B., & Vandenberg, R. J. (2009). *FUEL Your Life: Pilot study of a worksite diabetes prevention program*. Oral presentation at the American Public Health Association 137th Annual Meeting in Philadelphia, PA.
 6. DeJoy, D. M., **Bowen, H. M.**, Baker, K. M., Bynum, B. H., Wilson, M. G., Goetzel, R. Z., & Dishman, R. K. (2009). *Management support and worksite health promotion program effectiveness*. Oral presentation at the 13th International Conference on Human-Computer Interaction in San Diego, CA.
 5. Wilson, M. G., Davis, M., DeJoy, D. M., **Bowen, H.**, Baker, K., Bynum, B. & Vandenberg, R. J. (2009). *FUEL Your Life: Formative research for a worksite diabetes prevention program*. Oral presentation at the CDC Diabetes Translation Conference in Long Beach, CA.
 4. **Bowen H.**, DeJoy D. M., Wilson M. G., Goetzel R. Z., Chung-Roemer E. & Ozminkowski R. J. (2008). *Modifying the worksite environment to support individual behavior change*. Oral presentation at the American Public Health Association 136th Annual Meeting in San Diego, CA.
 3. DeJoy D. M., Wilson M. G., Goetzel R. Z., Ozminkowski R. J., Baker K., **Bowen H.**, Christaldi J. & Wang S. (2008). *Use of an environmental assessment tool to measure organizational physical and social support for worksite obesity prevention programs*. Oral presentation at the American Public Health Association 136th Annual Meeting in San Diego, CA.
 2. Christaldi J., **Bowen H.**, Baker K., DeJoy D. M., Wilson M. G., Goetzel R. Z. & Ozminkowski R. J. (2008). *Employee perceptions of an environmental obesity management program*. Poster presentation at the American Public Health Association 136th Annual Meeting in San Diego, CA.
 1. Goetzel, R. Z., DeJoy, D. M., Wilson, M. G., Ozminkowski, R. J., Roemer, E. C., White, J. M., Tully, K. J., Billotti, G. M., Baase, C. M., **Bowen, H.**, Mitchell, S. G., Wang, S., Tabrizi, M. J., Bowen, J. D., Short, M., Liss-Levinson, R. C., Christaldi, J., & Baker, K. (2007). *Environmental approaches to obesity prevention and management at The Dow Chemical Company: Second year results*. Oral presentation at the American Heart Association Annual Scientific Sessions in Orlando, FL.

Select Technical Reports

10. McCardel, R.*, Warnock, A.*, Rajbhandari-Thapa, J., Khan, M., Davis, D. & **Padilla, H.** (November 15, 2022). *USG Student Mental Health Initiative: Evaluation Report*. University System of Georgia, Atlanta, Georgia.
9. **Padilla, H.** & Kasha A. (September 30, 2022). *Georgia Highway Safety Programs Evaluation Preliminary Rural Roads Evaluation- Stewart County*. Governor's Office of Highway Safety, Atlanta, Georgia.
8. Kasha, A., & **Padilla, H.** (September 30, 2022). *Georgia Highway Safety Programs Evaluation Preliminary Fatality Report*. Governor's Office of Highway Safety, Atlanta, Georgia.
7. Kasha, A., & **Padilla, H.** (June 14, 2022). *Georgia Highway Safety Programs Evaluation FFY 2022 Second Quarter Performance Report*. Governor's Office of Highway Safety, Atlanta, Georgia.
6. Kasha, A., Daimler, E., **Padilla, H.** (April 14, 2022). *Georgia Highway Safety Programs Evaluation FFY 2022 Preliminary Performance Report*. Governor's Office of Highway Safety, Atlanta, Georgia.
5. **Padilla, H.**, Daimler, E., Kasha, A. (March 7, 2022). *Georgia Highway Safety Programs Evaluation FFY 2021 Grantee Grading and Scoring Report*. Governor's Office of Highway Safety, Atlanta, Georgia.
4. **Padilla, H.** & Daimler, E. (January 28, 2022). *Georgia Highway Safety Programs Evaluation FFY 2020 Final Evaluation Report*. Governor's Office of Highway Safety, Atlanta, Georgia.

3. Thapa, J., Chiang, K., **Padilla, H.**, Redman, M. G., McFarlane, S., Muilenburg, J. (December 5, 2021). *Mental Health among College Students and X2 Chatbot "Tess" Intervention Final Report*. Resilient Georgia, Inc., Atlanta, Georgia.
2. Kasha, A., Daimler, E., **Padilla, H.** (October 7, 2021). *2020 Preliminary Georgia Motor Vehicle Fatality Report*. Governor's Office of Highway Safety, Atlanta, Georgia.
1. **Padilla, H.**, Gaillard, J., Loedding, E., & Beard, S. (January 2021). *2020 Evaluation of the Georgia Department of Public Health Employee Health and Wellness Report*. Georgia Department of Public Health, Atlanta, Georgia.

Manuscripts Under Review

Sanders, C. E.*, Golson, A., Lamm, A. J., & **Padilla, H.** (under review). Evaluating a rural health promotion initiative in Extension: Assessing reach and uptake of food and physical activity resources. *Journal of Extension*.

Reina, A.*, Beer, J., Renzi-Hammond, L., Zhang, D., & **Padilla, H.** (under review) Mind Your Heart: The feasibility of an eHealth mindful eating and nutrition education program to address hypertension in working adults. *American Journal of Health Promotion*.

Manuscripts in Development

Padilla, H. Kasha, A., & Garner, C. Rural roads: A community perspective.

Padilla, H., Berg, A., Longenecker, D., Lamm, A. The relationship of social determinants of health and health status in a rural Georgia population.

Loedding, E.*, Donepudi, S.*, & **Padilla, H.** Understanding lactation policies and resources across a university system: A comparative analysis. To be submitted to *BMC Childbirth & Pregnancy*.

McCardel, R.*, Callands, T., Thapa, J., Swartzendruber, A., & **Padilla, H.** Experiences with work-family conflict, breastfeeding, and perinatal mental health among first-time mothers in Georgia: A mixed methods study. To be submitted to *Journal of Occupational and Environmental Medicine*.

McCardel, R.*, Callands, T., Thapa, J., Swartzendruber, A., & **Padilla, H.** Experiences with accessing workplace resources and perceptions of social support among first-time mothers in Georgia: A Mixed Methods study. To be submitted to *Breastfeeding Medicine*.

Grants and Contracts Awarded

Agency	Title	Role (PI)	Total Cost	Project Period
Governor's Office of Highway Safety	2023 Georgia Highway Safety Programs Evaluation	PI	\$189,870	10/1/22-9/30/23
Centers for Disease Control and Prevention	Healthier Together: High Obesity Program in Georgia	PI	\$1,003,777	9/30/22-9/29/23
US Dept of Health & Human Services	Evaluation of the Advancing Health Literacy to Enhance Equitable Community Response to COVID-19	Co-I	\$336,150	7/1/22-6/30/23
UGA Public Service and Outreach	Rural Engagement Workshop for Academic Faculty Seed Grant	PI	\$8,868	7/1/22-6/30/23
University System of Georgia	Evaluation of the University System of Georgia Mental Health Initiative University System of Georgia	PI	\$40,000	1/1/22-12/31/22
Centers for Disease Control	Healthier Together: High Obesity Program in Georgia	Co-I (Yr 4) PI: Marsha Davis	\$905,777	9/30/21-9/29/22

Governor's Office of Highway Safety	2022 Georgia Highway Safety Programs Evaluation	PI	\$175,005	10/1/21-9/30/22
Georgia Trauma Care Network	Georgia Trauma Commission Region 10 Regional Trauma Advisory Committee	PI	\$40,546	8/1/21-6/30/22
Georgia Trauma Care Network	Georgia Trauma Commission Region 10 Regional Trauma Advisory Committee	PI	\$40,546	8/1/20-6/30/22
University System of Georgia	Mental Health Initiative Evaluation	PI	\$40,000	9/23/21-12/31/22
Resilient Georgia, Inc.	Using artificial intelligence to improve mental health in college students	Co-I PI: Janani Thapa	\$150,000	8/1/2020-9/30/21
Governor's Office of Highway Safety	2021 Georgia Highway Safety Programs Evaluation	PI	\$223,447	10/1/20-9/30/21
Georgia Department of Public Health	Worksite wellness programs and health climate evaluation	PI	\$31,747	10/1/2019-9/30/2021
Clinical Translational Research Unit, University of Georgia	Pilot study on technology-enhanced health coaching intervention for low-income patients with multiple chronic conditions	Co-I PI: Janani Thapa	\$40,000	7/1/2019-6/30/2020
NIH/NHLBI Project ID: 1R01HL122330	Putting CDSMP to work: Implementation of the Live Healthy, Work Healthy program	Research scientist PI: Mark Wilson & Matthew Smith	\$3,236,343	3/15/2014-2/28/2020
University of Georgia Archway Partnership	Evaluation of costs and employee satisfaction with employee health programs	PI	\$19,012	1/1/2019-12/31/2020
Georgia Department of Public health	Worksite health promotion evaluation	PI	\$44,518	10/1/2017-9/30/2018

Select Media Coverage

Advice for implementing workplace wellness policies, UGA Today (2021, March).

<https://news.uga.edu/advice-for-implementing-workplace-wellness-policies/>

Women still face barriers to breastfeed at work, UGA Today (2020, January).

<https://news.uga.edu/women-face-barriers-breastfeed-at-work/>

Women still face barriers to breastfeed at work, Study finds gaps in quality, accessibility of breastfeeding resources, Science Daily (2020, January).

<https://www.sciencedaily.com/releases/2020/01/200122080556.htm>

Study links work burnout and weight gain, UGA Today (2019, June). <https://research.uga.edu/news/study-links-work-burnout-and-weight-gain/>

Job demands, burnout tied to weight gain, HealthDay (2019, June).

<https://medicalxpress.com/news/2019-06-job-demands-burnout-tied-weight.html>

UGA study links job stress, weight gain, WGAU Radio (2019, June).

<https://www.wgauradio.com/news/local/uga-study-links-job-stress-weight-gain/zyObjCAmDAN7zTVYRbx0iO/>

Public Service

Integration of Public Health Research, Instruction, and Service: Invited presentations to Governmental and Nongovernmental agencies

Community and Workplace Health and Wellness for Government Officials, Association of County Commissioners of Georgia, October 4, 2019
 Burnout and health, Epsilon Sigma Phi – Alpha Beta Chapter Annual Meeting, September 5, 2019, Athens, GA
 Creating a Culture of Health in the Workplace, Department of Public Health SNAP-Ed Conference, August 13, 2019, Atlanta, GA
 Creating a Healthy Workplace for the Best You and Everyone Else, Too! UGA 2019 Family and Consumer Sciences Program Development Conference, January 15, 2019, Athens, GA
 Health Behavior Among Working Adults. UGA Foods and Nutrition Department Seminar Series, August 22, 2018. Athens, GA.

Service to local community organizations

2022 Adult Leader, 4-H Cloverleaf Camp at Rock Eagle
 2022 Fall Festival Committee, Co-Chair, Saint Joseph Catholic Parish School
 2021 Fall Festival Committee, Chair, Saint Joseph Catholic Parish School
 2020 Spring Community Event, Chair, Saint Joseph Catholic Parish School
 2019 Youth Soccer Coach, Athens First United Methodist Church
 2018-2019 Home & School Association, President, Saint Joseph Catholic Parish School
 2017-2018 Home & School Association, President, Saint Joseph Catholic Parish School

Professional Service

Grant Reviewer: Preventative Health Block Grants

Ad Hoc Reviewer - Journals: Health Promotion International, Health Education and Behavior, International Journal of Environmental Research and Public Health, Translational Behavioral Medicine, Journal of Occupational and Environmental Medicine, American Journal of Health Promotion, Frontiers in Public Health, Obesity

Ad Hoc Reviewer - Annual Meeting/Conference Abstracts: Work, Stress, Health Conference 2021; Work, Stress, and Health 2019; Society of Behavioral Medicine 2018 Annual Meeting; Society of Behavioral Medicine 2017 Annual Meeting; American Public Health Association 2017 Annual Meeting and Exposition;

Professional Memberships: Society of Behavioral Medicine, American Public Health Association, Society for Public Health Education, Georgia Society of Public Health Education

Service to Professional Organizations

Year	Organization	Role
2022	Governor's Office of Highway Safety	55+ Driver Safety Task Team
2022	Governor's Office of Highway Safety	Crash Outcomes Data Evaluation System (CODES)
2022	Georgia CTSA Community Grant Writing Academy hosted through the Georgia CTSA Community Engagement Core	Grant Reviewer
2022	Obesity Initiative Research Symposium	Competition Judge
2021-present	Georgia Society of Public Health Education	Treasurer
2019-2021	Georgia Society for Public Health Education	Advisory Board

Service on departmental, college and university committees			
Year	Reach	Committee	Role
2023	Department	Health Promotion and Behavior Tenure Track Faculty Search Committee	Member
2022	College	Health Policy and Management Tenure Track Faculty Search Committee	Member
2022	College	Department Head of Health Promotion and Behavior Search Committee	Member
2022	University	Well-being Vendor RFP Evaluation Committee	Member
2021	College	Department Head of Health Promotion and Behavior Search Committee	Member
2021-present	College	Graduate Education Committee	Member Chair (2022-2023)
2021-present	College	Program and Economic Evaluation Workgroup	Co-chair
2020 - present	College	CPH Faculty Advisory Council	Member
2020-present	University	Total Rewards Steering Committee Well-being Subcommittee	Member
2019-present	College	State of Public's Health Conference Planning Committee	Member
2019-2020	College	2020-2025 Strategic Planning Committee	Member
2019-2020	College	Brand Excavation Team	Member
2019 - present	Department	Health Promotion and Behavior Research Committee	Member
2018	Department	Undergraduate Program Coordinator, Clinical Assistant Professor Search Committee	Member
2017	University	Well-being Vendor RFP Evaluation Committee	Member