



# OBESITY & WEIGHT MANAGEMENT

UGA's 16 credit hour Graduate Certificate in Obesity and Weight Management prepares you to address the obesity epidemic in clinical, community, school, workplace, and research settings. This Certificate will help you:

- Understand obesity-related concerns about nutrition, physical activity, environment, behavioral management, counseling and policy
- Enhance your communication about weight management with diverse audiences
- Develop skills in advocacy in school, workplace, community, and clinical settings
- Obtain work-related experiences in obesity through internships or research projects
- Address obesity prevention and treatment throughout your career

*More than 20 UGA faculty are teaching more than 20 courses related to obesity.*

## FALL CORE COURSES

- **FDNS 6240e** Nutrition and Obesity Across the Lifespan
- **HPAM 7050e** Health Policy and Obesity

## SPRING CORE COURSES

- **FDNS 6590** Metabolism and Physiology of Energy Balance and Obesity
- **HPAM 7050e** Health Policy and Obesity
- **KINS 6500** Physical Activity, Exercise and Obesity Across the Lifespan
- **KINS 8300** Exercise, Obesity, Cardiometabolic Diseases
- **FDNS 8595** Survey of Obesity and Weight Management

More information about the courses and the program is here:

[fcs.uga.edu/fdn/graduate-certificate-in-obesity-and-weight-management](https://fcs.uga.edu/fdn/graduate-certificate-in-obesity-and-weight-management)



Enrollment is open to any degree seeking graduate student or Honors Program student, as well as non-degree seeking students who hold a bachelor's degree.



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