

Sarah Saint Hamilton, PhD, MSW

Clinical Assistant Professor

CONTACT INFORMATION

Institute of Gerontology
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College of Public Health
University of Georgia
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EDUCATION

The University of Georgia, Athens, GA
Doctor of Philosophy, Psychology – Behavioral and Brain Sciences Program Aug 2017

The University of Georgia, Athens, GA
Master of Science, Psychology – Behavioral and Brain Sciences Program Dec 2014

The University of Georgia, Athens, GA
Master of Social Work May 2010

Manhattanville College, Purchase, NY
Bachelor of Arts, Psychology May 2008

PROFESSIONAL EMPLOYMENT

Clinical Assistant Professor Jan 2020-present
Institute of Gerontology | Department of Health Promotion and Behavior
College of Public Health, The University of Georgia, Athens, GA

Assistant Research Scientist Jan 2018-Dec 2019
Institute of Gerontology | Department of Health Promotion and Behavior
College of Public Health, The University of Georgia, Athens, GA

Adjunct Instructor Aug-Dec 2017
Department of Psychology, The University of Georgia, Athens, GA

Graduate Instructor June 2013-Dec 2016
Department of Psychology, The University of Georgia, Athens, GA

Lab Manager and Graduate Research Assistant Aug 2012-Jul 2017
UGA Infant Lab, Department of Psychology
The University of Georgia, Athens, GA
Supervisor: Dr. Janet Frick

Graduate Teaching Assistant Aug 2012-Jul 2017
Department of Psychology, The University of Georgia, Athens, GA

Developmental Specialist June 2010-Jul 2012
Children 1st Program, Northeast Health District, Athens, GA

Graduate Research Assistant June 2008-May 2010
Owen's Institute of Behavioral Research, The University of Georgia, Athens, GA

COURSES TAUGHT *All courses taught at The University of Georgia (UGA)*

2012-present

Undergraduate Courses

- Honors Elementary Psychology (PSYC 1101H)
- Aspects of Aging (GRNT 3000E – *online*)
- Health Promotion in Public Health (HPRB 3010)
- Diversity in Aging: A Service-Learning Experience (GRNT 3010S)
- Early Life Influences on Aging (GRNT 3100E – *online*)
- Intro to Lifespan Health Psychology (GRNT 3200E – *online*)
- Cognition and the Aging Brain (GRNT 3400E – *online*)
- Research Analysis in Psychology (PSYC 3990), *Lab Instructor*
- Developmental Psychology (PSYC 4220)
- Psychology of Aging (PSYC 4700)
- Undergraduate Research Experience I (GRNT 4960R)
- Undergraduate Research Experience II (GRNT 4970R)
- Undergraduate Research Experience III (GRNT 4980R)
- Capstone in Health Promotion and Behavior (HPRB 5900)
- Advanced Topics in Gerontology Practice/Independent Study (GRNT 8010)

Graduate Courses

- Aging in Society (GRNT 7650E – *online*)
- Psychology of Aging (PSYC 6700)
- Early Life Influences on Aging (GRNT 7150E – *online*)
- Lifespan Health Psychology (GRNT 7200E – *online*)
- Graduate Teaching Assistant Seminar (GRSC 7770)
- Capstone in Public Health (PBHL 7800)
- Public Health and Aging (GRNT 8200E – *online*)

AWARDS & FELLOWSHIPS

Team Impact Award Co-Recipient, UGA Office of the Vice President for Research Jan 2023

- Awarded to CARE Center Team; \$5,000 stipend for use in CARE Center research programming.
- This award recognizes a team for excellence in innovative and impactful scholarship that has or soon promises to fundamentally advance knowledge, understanding, and/or applications in ways not achievable by individual investigators or single disciplinary approaches alone.

Nominated for UGA CPH Excellence in Teaching Award (*not awarded*) Spring 2022, 2023

Service-Learning Support Grant, UGA Office of Service-Learning Feb 2022

- Received a \$470 grant to purchase supplies for my service-learning course (GRNT 3010S/E).

Service-Learning Fellows Program, UGA Office of Service-Learning Aug 2020-May 2021

- Selected for this faculty learning community by UGA's Office of Service-Learning to develop GRNT 3010E/S – Service-Learning with Older Adults. Fellowship includes a \$2500 stipend.
- Year-long program guides fellows through the development of a service-learning course using best practices in pedagogy. More info at <https://servicelearning.uga.edu/service-learning-fellows-program>

Excellence in Teaching Award Departmental Nominee, UGA Graduate School 2016, 2017

- One graduate student from each department at UGA can be nominated for this award that recognizes graduate students who have supported and promoted excellence in teaching at UGA.

Charles L. Darby Award Recipient, UGA Department of Psychology 2016, 2017

- One graduate student receives this award each year in recognition of outstanding teaching contributions in the Department of Psychology.

Diversity and Inclusion Graduate (DIG) Fellowship, University of Georgia Aug 2016-May 2017

- Chosen for this yearlong fellowship that teaches graduate students about the ways in which diversity shapes our own and our students' lives during bi-weekly three-hour workshops.

Future Faculty Fellows Program, UGA Center for Teaching and Learning Aug 2015-May 2016

- Chosen for this learning community led by UGA's Center for Teaching and Learning.
- Year-long program focuses on professional development and best practices in teaching and course design. Received a \$600 stipend.
- More information can be found at: <http://www.ctl.uga.edu/future-faculty-fellows>

Travel Assistance, UGA Research Foundation, UGA Graduate School Apr 2014, 2017

- Received travel assistance to attend and present posters at the XIX Biennial International Conference on Infant Studies in Berlin, Germany (\$1,600), as well as the Biennial Meeting of the Society for Research in Child Development (SRCD) in Austin, TX (\$1,033).

Michael H. Kernis Research Award Recipient, UGA Department of Psychology Apr 2014

- Awarded to the graduate student with the best first year research presentation in the Behavioral and Brain Sciences program.

Outstanding Teaching Assistant Award Recipient, UGA Office of VP of Instruction. Apr 2014 & 2015

- Up to 10% (~3 students in the Psychology Department) of each department's TAs can be nominated for this award. Students who win this award are eligible to apply to the Future Faculty Program (see above).

ADMINISTRATION

Director of Social Support Services May 2022-present

UGA Cognitive Aging Research and Education (CARE) Center

- Developed and coordinate all aspects of the CARE Center's Social Support Service offerings, including case management for all clients receiving clinical services from the CARE Center, facilitation of an on-going caregiver support group, coordination of an on-going music therapy program for persons with dementia, facilitation of a Savvy Caregiver 6-week training series for care partners of persons with dementia, and supervision of referrals to resources within the community.
- Developed systems for case management, trainings for students involved in CARE Center work, and educational materials for persons with dementia and their care partners.
- Supervise 3 MSW students (20 hours per week per student) during Fall and Spring semesters who provide case management and support services to patients and their care partners.

Undergraduate Coordinator for Minor in Gerontology Aug 2020-present

UGA Institute of Gerontology

- Responsible for advising an average of 16 students per semester, advertising the minor, and approving external (non-GRNT) courses for inclusion in the minor.

SERVICE

UGA College of Public Health Committees, Member

- MPH-Gerontology Concentration Admissions Committee Nov 2020-present
- Diversity, Equity, and Inclusion Committee Sep 2020-present
- Online Learning Committee Sep 2020-Dec 2021

UGA Department-Level Committees, Member

- Health Policy & Management Clinical Assistant Professor Search Committee Sept 2022-May 2023
- Precision One HPRB Search Committee Spring 2022

- Health Promotion & Behavior Diversity, Equity, and Inclusion Committee Aug 2020-Aug 2022

UGA Institute of Gerontology Committees, Member

- Mary Ann Johnson Scholarship Committee Oct 2020-present

Georgia Gerontology Society, Board Member, Committee Co-Chair

Dec 2019-present

- Serve as Chair of the Diversity, Equity, and Inclusion committee (est. July 2020).
- Serve on the IT committee by assisting with technology-related needs during the annual conference.
- Served on the Design & Printing Conference Committee
- Serve on the Scholarship Committee

Mid-Semester Formative Evaluations

Aug 2015-May 2017

UGA Center for Teaching & Learning (CTL)

- Instructors at UGA can request a Mid-Semester Formative Evaluation (MSFE) of their classes from the CTL. During this process, students provide feedback through structured group discussions led by a faculty member from the CTL. The instructor then meets with the CTL faculty member and makes a plan to address concerns.
- Led four MSFEs in the Psychology Department for fellow graduate student instructors of record.

Psychology Educator Development Association (PEDA), President 2013-2017 Aug 2012-May 2017

UGA Department of Psychology

- PEDA is a collaborative group of graduate students and faculty who are passionate about teaching and learning in psychology and related disciplines.
- Obtained \$3,413 in funding over 3 years from the Franklin College Student Activity Fee Allocation Committee to facilitate members' ability to attend local teaching conferences and develop a PEDA Library of teaching-related books available to graduate students and faculty in the Psychology Department.
- Planned all monthly meetings/workshops and found guest speakers.

Psychology Mentoring Program

Jan 2015-May 2017

UGA Department of Psychology

- Mentored an undergraduate Psychology major who I met with periodically to adjust and update individual development plan and assess progress toward her goals.

TA Orientation

Aug 2015

UGA Center for Teaching and Learning

- Assisted with the execution of a massive one-day training for all new TAs at UGA (555 graduate students).
- Led a breakout session for lab TAs orienting them to their new position and giving best practices.

Safe Space Certification

Dec 2014

UGA LGBT Resource Center

- Attended a 3.5-hour training to learn how to best provide support for LGBTQ+ individuals at UGA and be an ally for the LGBTQ+ community.

Psychology Graduate Student Committee, President 2013-2014

Jan 2013-May 2014

- Planned a "Careers in Academia" Q&A panel with five recent Psychology dept. graduates.
- Assisted in planning of six R statistical software workshops and a Social Network Analysis workshop.

Student Faculty Committee, Elected Representative

Jan-Dec 2009

UGA School of Social Work

- Assisted with planning of a job panel to inform MSW students of their career opportunities.
- Polled UGA MSW students about their concerns to inform Student Faculty Committee goals.

Camp Oo-U-La, Support Staff

May 2009

UGA School of Social Work & The Georgia Firefighters' Burn Foundation

- Volunteered for course credit at a summer camp for burn-injured children.
- Supported a counselor whose camper had a traumatic brain injury, in addition to being burned.

PUBLICATIONS

Publications in Peer-Reviewed Journals

Hammond Jr., B. R., Wooten, B. R., **Saint, S. E.**, & Renzi-Hammond, L. M. (2021). The effects of a blue-light filtering versus clear intraocular implant on color appearance. *Translational vision science & technology*, 10(12), 25-25.

Saint, S. E., Hammond Jr, B. R., Khan, N. A., Hillman, C. H., & Renzi-Hammond, L. M. (2019). Temporal vision is related to cognitive function in preadolescent children. *Applied Neuropsychology: Child*, 1-8.

Saint, S.E., Renzi-Hammond, L.M., Khan, N.A., Hillman, C.H., Frick, J.E., & Hammond, B.R. (2018). The Macular Carotenoids are Associated with Cognitive Function in Preadolescent Children. *Nutrients*, 10(2), 193.

Saint, S.E., Hammond, B.R., O'Brien, K.O., Frick, J.E. (2017). Developmental trends in infant temporal processing speed. *Vision Research*, 138, 71-77.

Book Chapters

Saint, S.E. & Frick, J.E. (2015). Prenatal supplementation and its effects on early child cognitive outcome. In Wallace, T. (Ed.), *Dietary Supplements in Health Promotion*. Boca Raton, FL: CRC Press.

Published Abstracts

Wu, X., Adams, A. E., Komsky, J. C., **Saint, S. E.**, Mackin, T. E., Zamer, J. P., Hedin, D. S., Dahlstrom, R. J., & Beer, J. M. (2021). Socially Assistive Robots for Dementia Care: Exploring Caregiver Perceptions of Use Cases and Acceptance. Proceedings of the Human Factors and Ergonomics Society Annual Meeting, 65(1), 6–10. <https://doi.org/10.1177/1071181321651192>

Renzi-Hammond, L.M., **Saint, S.E.**, Shotwell, J., & Hammond, B.R. (2018). Understanding the role of nutrition in lifespan brain development. *Journal of Alzheimer's Disease*, 64, 1043.

Frick, J.E., **Saint, S.E.**, O'Brien, K., & Hammond, B.R. (2013). The effects of lutein on infant brain development: Assessment using a novel temporal device. *European Journal of Ophthalmology*, 23(4), 608.

CONFERENCE PRESENTATIONS

Hogan, K., Dandurand, J., Correia, S., Lavender, D., **Saint Hamilton, S.**, Scott, D. (2023, July 25). *UGA CARE Center: A Collaborative Approach to Memory Evaluation*. Georgia Gerontology Society Annual Conference. Greensboro, GA.

Saint Hamilton, S. (2023, April). *Tell me your story: Understanding Diversity in Aging through Intergenerational Service-Learning*. Gulf-South Summit on Service-Learning and Civic Engagement Through Higher Education. Athens, GA.

Saint Hamilton, S. (2022, August). *Tell me your story: Understanding Diversity in Aging through Intergenerational Service-Learning*. Georgia Gerontology Society Annual Conference. Pine Mountain, GA.

MENTORED STUDENT POSTER PRESENTATIONS

**denotes mentored undergraduate student*

Collette, B.*, **Saint, S. E.**, Miller, L. S., Hammond, B. R., Renzi-Hammond, L. M. (2019, April). The relation between lutein and zeaxanthin and emotional wellbeing among community-dwelling older adults. Southern Gerontological Society Annual Conference, Miramar Beach, FL.

Madangarli, N.*, **Saint, S. E.**, Renzi-Hammond, L. M., Hammond, B. R., & Frick, J. E. (2017, April). The relationship between macular pigment density of mothers and critical flicker fusion thresholds of their infants. University of Georgia Psi Chi Annual Convention of the Behavioral Sciences, Athens, GA.

Madangarli, N.*, **Saint, S. E.**, Renzi-Hammond, L. M., Hammond, B. R., & Frick, J. E. (2017, April). The relationship between macular pigment density of mothers and critical flicker fusion thresholds of their infants. University of Georgia CURO Symposium, Athens, GA.

Porto, K. S.*, **Saint, S. E.**, Frick, J. E., O'Brien, K. O., Renzi-Hammond, L. M., Hammond, B. R., & Tracy, Q. (2016, April). Developmental trends in infant temporal processing speed. University of Georgia Psi Chi Annual Convention of the Behavioral Sciences, Athens, GA.

Porto, K. S.*, **Saint, S. E.**, Frick, J. E., O'Brien, K. O., Renzi-Hammond, L. M., Hammond, B. R., & Tracy, Q. (2016, April). Developmental trends in infant temporal processing speed. University of Georgia CURO Symposium, Athens, GA.

Osborne, M.*, Soviravong, S.*, Barrow, K.*, Patel, K.*, White, R.*, Luthra, N.*, Porto, K.*, **Saint, S. E.**, Fletcher, L., Frick, J. E., Renzi, L., Hammond, B. R., & Tracy, Q. (2015, April). Investigating macular pigment optical density in pregnant mothers during prenatal and postnatal stages. University of Georgia Psi Chi Annual Convention of the Behavioral Sciences, Athens, GA.

Osborne, M.*, Soviravong, S.*, Barrow, K.*, Patel, K.*, White, R.*, Luthra, N.*, Porto, K.*, **Saint, S. E.**, Fletcher, L., Frick, J. E., Renzi, L., Hammond, B. R., & Tracy, Q. (2015, March). Investigating macular pigment optical density in pregnant mothers during prenatal and postnatal stages. University of Georgia CURO Symposium, Athens, GA.

POSTER PRESENTATIONS

Tracy, Q. B., Frick, J. E., **Saint, S. E.** (2018, June). Visual short term memory for faces and shapes in 5- and 8-month-olds. Biennial International Conference on Infant Studies, Philadelphia, PA.

Saint, S.E., Renzi-Hammond, L.M., Khan, N.A., Hillman, C.H., Frick, J.E., Hammond, B.R. (2017, April). The relation between dietary and central nervous system lutein and zeaxanthin and cognitive performance in children. Biennial Meeting of the Society for Research in Child Development (SRCD), Austin, TX.

Saint, S.E., Frick, J.E., O'Brien, K., Hammond, B.R., & Tracy, Q. (2014, July). Investigating the development of infant temporal processing speed via CFF thresholds with nutrition as a moderating factor. XIX Biennial International Conference on Infant Studies, Berlin, Germany.

Frick, J.E., **Saint, S.E.**, O'Brien, K., & Hammond, B.R. (2013, July). The effects of lutein on infant brain development: Assessment using a novel temporal device. Macular Carotenoids Conference, Cambridge, United Kingdom.