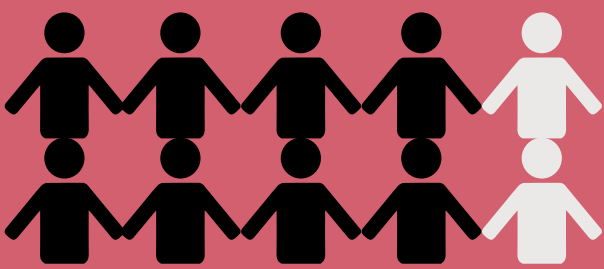


HOW PHYSICAL DISTANCING HELPS EVERYONE



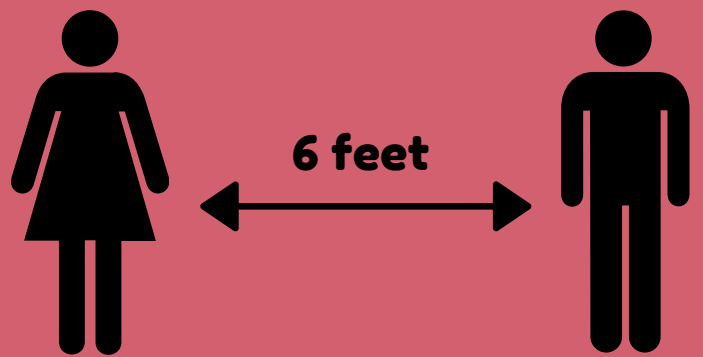
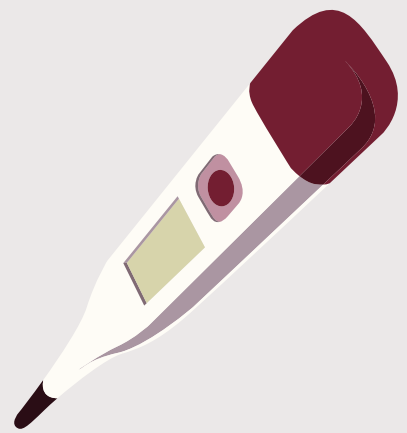
8 out of 10 deaths reported in the United States are in adults 65 years and older

Pre-existing Conditions at risk

- Heart Disease
- Diabetes
- Lung Disease
- HIV/AIDS
- Asthma
- Chemo Patients

Most at risk populations are adults that are older or have pre-existing conditions

Many people, especially young adults and children, can have the virus and can spread it without looking or feeling sick. This is why it is important to practice physical distancing.



Avoid going into public and practice sheltering in place. If you have to go out, stay at least 6 feet apart from other people.

YOU CAN HELP EVERYONE BY STAYING HOME AND WASHING YOUR HANDS FREQUENTLY



CALL YOUR PRIMARY CARE DOCTOR OR LOCAL ER TO BE SCREENED FOR SYMPTOMS BEFORE GOING TO ANY HEALTH CARE FACILITY

[HTTPS://WWW.CDC.GOV/CORONAVIRUS/2019-NCOV/INDEX.HTML](https://www.cdc.gov/coronavirus/2019-nCoV/index.html)
[HTTPS://WWW.WHO.INT/EMERGENCIES/DISEASES/NOVEL-CORONAVIRUS-2019](https://www.who.int/emergencies/diseases/novel-coronavirus-2019)