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EDUCATION

2021	University of Georgia Athens, GA	PhD, Health Promotion
2021	University of Georgia Athens, GA	Certificate, Nonprofit Management & Leadership
2009	NCHEC Whitehall, PA	Certified Health Education Specialist (CHES)
2009	Morehouse School of Medicine Atlanta, GA	MPH, Health Education and Health Promotion
2005	Morehouse College Atlanta, GA	BA, Sociology

RESEARCH INTERESTS

Exploring sexual health information needs of adolescents and young adults.

RESEARCH EXPERIENCE

Graduate Research Assistant , University of Georgia College of Public Health	August 2016-May 2018
Data Collector , Rand Survey Research Group	May 2012-September 2013
Graduate Student Assistant , Morehouse School of Medicine	February 2008-May 2009
Graduate Research Assistant , Community Voices	September 2007-May 2009

TEACHING EXPERIENCE

Instructor <i>College of Public Health, University of Georgia</i> Course: HPRB 3750 (Injury Prevention) Course: HPRB 3850e (Chronic Disease Prevention) Course: HPRB 4400 (Program Development) Course: HPRB 5310 (Health Communication) Course: HPRB 5410e (Professional Writing) Course: HPRB 5900 (Capstone)	Fall 2021-Current Enrollment: 15-40 students Enrollment: 30-40 students Enrollment: 30-40 students Enrollment: 10-40 students Enrollment: 20-30 students Enrollment: 20-25 students
Community Faculty Instructor , <i>eMPH Program, Morehouse School of Medicine</i> Course: MPH 505e (Fundamentals of Public Health)	Fall 2019-Fall 2020 Enrollment: 10-15 students
Graduate Teaching Assistant , <i>College of Public Health, University of Georgia</i> Course: HPRB 1710 (Health and Wellness)	Fall 2018-Spring 2021 Enrollment: 50-100 students

<p>Lecturer, <i>Department of Kinesiology, Georgia Perimeter College</i> Course: PHED 1101 (Choices for Life) Course: PHED 2202 (Personal & Community Health)</p>	<p>Spring 2010- Summer 2016 Enrollment: 20-35 students Enrollment 20-35 students</p>
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GUEST LECTURES

Guest Lecture, “Sexual Health,” HPRB 1710 Course, University of Georgia; September 28, 2018.
Guest Lecture, “Eating for Wellness,” HPRB 1710 Course, University of Georgia; October 5, 2017.
Guest Lecture, “Physical Fitness,” HPRB 1710 Course, University of Georgia; October 3, 2017.

HONORS & AWARDS

<p>Delta Omega-Beta Chi Chapter Blue Key National Honor Society Teaching Assistant Assistantship, University of Georgia College of Public Health Research Assistant Assistantship, University of Georgia College of Public Health UGA Feeder Program Scholar, University of Georgia Graduate School</p>	<p>Spring 2020 Spring 2019 Fall 2018-Present Fall 2016-Spring 2018 Fall 2016-Spring 2018</p>
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FUNDING

<p>University of Georgia Innovative and Interdisciplinary Grant Urban Youth’s Sexual Health Advice Network: A look at sources, preferences, and perceived needs around sexual health education. This dissertation study aims to learn about sources of sexual health education and preferences and perceived needs around sex education among high school students in urban school districts. (\$2000)</p>	<p>2020</p>
<p>University of Georgia Feldman 2019 Community Mini Grant Engaging and Promoting Young and First Time Father’s Support in Breastfeeding Practices. This study aimed to create an intervention to explore the attitudes, knowledge, and level of support towards breastfeeding in ethnic minority communities with low education, low socioeconomic status, and low-income residents. (\$750)</p>	<p>2018-2019</p>
<p>University of Kentucky Center for Poverty Research Each One, Teach One Initiative. This study developed and implemented educational sessions to increase student’s knowledge of public health issues including nutrition, sexual health, alcohol, tobacco and drug education. (\$50,000)</p>	<p>2008-2009</p>

PUBLICATIONS

Reina, A. M., Monsma, E. V., **Dumas, M. D.**, & Gay, J. L. (2019). Body image and weight management among Hispanic American adolescents: Differences by sport type. *Journal of Adolescence*, 74, 229–239.

CONFERENCE PRESENTATIONS

Poster Board Presentation, “Urban Youth’s Sexual Health Advice Networks: A Systematic Review,” Xavier University Health Disparities Conference; March 25-26, 2020. (**Cancelled due to COVID 19**)

Poster Board Presentation, “The Impact of State Level Sex and HIV Education Policies on Sexual Risk Behaviors of High School Students,” Xavier University Health Disparities Conference; April 9, 2019.

Poster Board Presentation, “Uncomfortable in my skin: A look at Body Image Dissatisfaction among Mexican Youth,” American Public Health Association; November 5, 2017.

ABSTRACT REVIEWER

1890 Center of Excellence for Nutrition, Health, Wellness, and Quality of Life (2023)

CityMatCH Leadership and MCH Epidemiology Conference (2018, 2019)

American Public Health Association Annual Meeting (2018, 2019,2020)

PROFESSIONAL DEVELOPMENT

Future Faculty Fellows Program, University of Georgia, Athens GA, Fall 2020

The Future Faculty Fellows Program (3FP), sponsored jointly by the Graduate School and the Center for Teaching and Learning, is a year-long professional development program that brings together 15 innovative and dedicated teaching assistants from across campus to talk about, reflect upon, and improve their teaching, while preparing them for the academic job market and the rigors of their first faculty positions.

UGA Idea Accelerator Program, University of Georgia Entrepreneurship Program, Athens GA, Spring 2020
The UGA Idea Accelerator Program provides students with a board of experienced, successful entrepreneurs, advisers, and investors that help student entrepreneurs grow revenues and profits, stay focused on the right strategic issue, and develop key contacts.

The Hatch, The Centerform, Atlanta GA, Summer 2019

The Centerform Hatch is an early-stage social innovation accelerator that helps participants work out and develop world changing ideas. It is designed for entrepreneurs and idea-makers who have a rough idea of what they would like to create but need a process and the support to give it structure, purpose, and potential.

UGA Industry Coaching Circle, University of Georgia Graduate School, Athens GA, Spring 2019

The UGA Coaching Circle is a peer driven mastermind group that allows graduate students to explore and pursue their individual job search goals while also drawing inspiration from student colleagues who are undergoing similar challenges.

2019 Xavier University Health Disparities Conference, New Orleans, LA, April 8-10, 2019.

Annual conference that serves as a hub for information exchange in addressing health outcomes and the integration of upstreaming and downstreaming approaches across the life course.

State of the Public's Health Conference, University of Georgia, Athens GA, October 18, 2018.

This conference aims to craft a practical, pragmatic plan of action for Georgia's leaders that is realistic about the myriad of opportunities and challenges confronting the public's health in Georgia

CityMatCH MCH Leadership Conference, Nashville TN, September 18-20, 2017.

This conference aims to strengthen public health leaders and organizations to promote equity and improve the health of urban women, families, and communities.

Graduate Feeder Program, University of Georgia Graduate School, Athens GA, Fall 2016-Spring 2018.

The UGA Graduate Feeder Program provides a supportive transition from ethnic minority students as they begin to assume the role of a graduate student.

CityLeaders, CityMatCH, Omaha NE, September 2017-May 2018.

Leadership training for emerging and mid-level urban maternal child health leaders.

Fanning Institute Community Leadership Conference, Athens GA, February 2-3, 2017.

The conference brings together individuals who are leaders in their community to share best practices and learn about recent trends and innovations that they can take back to their communities and organizations to re-energize leadership programs.

COMMUNITY SERVICE

Alpha Phi Alpha Fraternity Incorporated

Project Alpha Chairperson (Omicron Phi Lambda Chapter), South Fulton County GA, 2011-2017.

Project Alpha Facilitator (Omicron Phi Lambda Chapter), South Fulton County GA, 2017-Present.

This national program is designed to provide education, motivation and skill building on issues of responsibility, relationships, teen pregnancy and sexually transmitted diseases for young males ages 12-15 years.

Go to High School Go to College Mentor (Omicron Phi Lambda Chapter), South Fulton County GA, 2013-Present

This national program concentrates on the importance of completing secondary and collegiate education as a road to advancement.

COMMUNITY OUTREACH PRESENTATIONS

Guest Presentation, "A Good Man (vs. "Be A Man")," University of Georgia's 2020 Men of Color Leadership Summit; March 21, 2020 (**Cancelled due to COVID 19**)

Guest Presentation, "Let Me Tell You", UGA GAAME Program, University of Georgia; November 20, 2019.

Guest Presentation, "Avoiding and Managing STIs," Project Alpha, Fulton Leadership Academy, February 23, 2019.

Panel Discussion, "Preparing for Comps," HPRB 8500, University of Georgia; November 6, 2018.

Guest Presentation, "Sex Education in America," Health Peer Educators (HPEERS), Clark Atlanta University; November 6, 2018.

Panel Discussion, “Cultivating a Community of Support,” UGA Office of Recruitment and Diversity Initiatives, University of Georgia, August 30, 2018.

Panel Discussion, “Accepted Students Day Panel,” UGA Office of Recruitment and Diversity Initiatives, University of Georgia, May 30, 2018.

Panel Discussion, “Graduate School Panel,” UGA Office of Recruitment and Diversity Initiatives, University of Georgia, November 7, 2017.

Guest Presentation, “Sexually Transmitted Diseases & Infections,” Project Alpha, Fulton Leadership Academy, February 22, 2018.

Panel Discussion, “Prospective Student Panel,” UGA Office of Recruitment and Diversity Initiatives, University of Georgia, October 4, 2017.

Panel Discussion, “Graduate School 101,” UGA Office of Recruitment and Diversity Initiatives, University of Georgia, September 28, 2017.